

| Platz | Name, Vorname | Jahrg. | AK | Gesamt | 6 | aus | 13 | VEC | DÜM | DAC | DIN | MÜH | LGF | LOH | EKE | MV | BRO | LC | STF | DAS | Verein |
|-------|-------------------------------|--------|--------|--------|------------|-----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|-----|-----|--------------------------------|
| 1 | RECHTIEN, CHARLOTTE | 1999 | FRAUEN | 279 | 279 | | | 44m | 47 | 48 | 49 | 46 | | | 45m | | | | | | Aloha Running Crew |
| 2 | MEYER, ANNE | 1981 | W 40 | 240 | 240 | | | 47 | 30 | 39 | 36 | | | | 42m | 46 | | | | | |
| 3 | SCHAPSTALL, KATHARINA | 1986 | W 35 | 256 | 222 | | | 37m | 34m | 34m | 39m | 35m | | | 38 | k | 39m | | | | Laufftreff Steinfeld |
| 4 | GLÄSSEL, INES | 1980 | W 45 | 207 | 207 | | | 45 | | 36m | 34 | | 3 | | 44m | 45 | | | | | Endmoräne Kroge-Ehrendorf |
| 5 | KAPELS, BIANCA | 1987 | W 35 | 92 | 92 | | | 7 | m | 13 | k | 15m | 13m | | 18 | k | 26m | | | | FAST RABBITS |
| 6 | WIEFERIG, JOHANNA | 1956 | W 65 | 219 | --- | | | 48 | | 39 | 42 | 43 | | | 47 | | | | | | LF SFN Vechta |
| 7 | SCHWARBERG, MARTHA | 2010 | WJ U16 | 212 | --- | | | 43m | | 40m | | 42m | | | 44 | k | 43m | | | | BW Lohne Schwimmen |
| 8 | VON DER HEIDE, LEA | 2008 | WJ U18 | 193 | --- | | | 36m | | 39m | 43m | 37 | k | | 38m | | | | | | |
| 9 | SCHWARBERG, GRETA | 2007 | WJ U20 | 192 | --- | | | 45m | | 43m | | 35 | k | | 32 | k | 37m | | | | BW Lohne Schwimmen |
| 10 | LIPSKENE, OLGA | 1982 | W 40 | 191 | --- | | | 35m | 39m | 37m | 40 | | | | 40 | k | | | | | Laufftreff Steinfeld |
| 11 | RIEPERT, DEBORAH | 1997 | FRAUEN | 189 | --- | | | | 38m | 38m | 42m | 30m | | | 41m | | | | | | LF SFN Vechta |
| 12 | BEINE, ANNE | 1985 | W 40 | 184 | --- | | | | 36m | 33m | 40m | | | | 35 | k | 40 | | | | |
| 13 | WALTER, ANJA | 1981 | W 40 | 174 | --- | | | | | 43 | 46 | 37 | | | 48 | | | | | | Aloha Running Crew |
| 14 | HÖLZEN, LEA | 1988 | W 35 | 169 | --- | | | 42m | 40 | k | | 44m | 43m | | | | | | | | 13 |
| 15 | PERICK, ULRIKE | 1965 | W 60 | 163 | --- | | | 41m | 39 | k | | 41m | | | 42m | | | | | | Aloha Running Crew |
| 16 | SCHRAAD, RIEKE | 2000 | FRAUEN | 161 | --- | | | | 34 | | | 35m | | | 48m | 44m | | | | | Laufftreff Steinfeld |
| 17 | BULTMANN, SILVIA | 1959 | W 65 | 155 | --- | | | | 42m | | 39 | 34 | | | 40m | | | | | | Aloha Running Crew |
| 18 | SCHEPER-STUKE LEA-SOPHIE | 1998 | FRAUEN | 151 | --- | | | | 22 | k | 32m | 37m | 21m | | 39 | k | | | | | Endmoräne Kroge-Ehrendorf |
| 19 | HINTZE, INGA | 1981 | W 40 | 143 | --- | | | | 48 | | | 50 | 45m | | | | | | | | TuS BW Lohne Leichtathletik |
| 20 | SEIDEL, ANTONIA | 1997 | FRAUEN | 142 | --- | | | | | 30m | 36m | 33 | k | | 43 | k | | | | | Endmoräne Kroge-Ehrendorf |
| 21 | HOLM, MELINA | 2006 | WJ U20 | 142 | --- | | | 33m | 36 | k | 35m | | 38 | k | | | | | | | TV 01 Bohmte |
| 22 | KODITEK, SILVIA | 1964 | W 60 | 140 | --- | | | 50 | | | | 48 | 42 | | | | | | | | LT Waldschleicher Lohne / BW L |
| 23 | TAPKE-JOST, JANE | 1993 | W 30 | 138 | --- | | | 10m | | 24m | 24m | | | | 39m | 41 | | | | | Laufftreff 2.Kp Südlohne |
| 24 | BECKMANN, HILDEGARD | 1961 | W 60 | 136 | --- | | | | | 46 | 44 | | | | 46m | | | | | | VfL Löningen |
| 25 | TAPKE-JOST, UTE | 1988 | W 35 | 134 | --- | | | 24m | | 26m | 23m | | m | | 29 | k | 32 | | | | Laufftreff 2.Kp Südlohne |
| 26 | KUNZ, NIKOLA | 1992 | W 30 | 134 | --- | | | | 23 | | 31m | 38m | | | 42 | k | | | | | SV Handorf-Langenberg |
| 27 | CASELITZ, ANNALENA | 1983 | W 40 | 132 | --- | | | 29m | | | 26m | | | | 35m | 42 | | | | | LT Waldschleicher Lohner |
| 28 | FELDHAUS-HÜTTEMEYER CARINA | 1989 | W 35 | 126 | --- | | | | | 44 | 41 | 41 | | | | | | | | | KMH & friends |
| 29 | MACKE, RAMONA | 1977 | W 45 | 123 | --- | | | 42 | 14 | | | 27 | | | 40m | | | | | | |
| 30 | BIENKOWSKA, KIMBERLY | 2013 | WJ U14 | 109 | --- | | | | | | 41m | 31 | k | | 37m | | | | | | OSC Damme |
| 31 | APPEL, KERSTIN | 1972 | W 50 | 104 | --- | | | 22m | 12 | k | | | | | 34 | k | 36m | | | | Laufftreff Steinfeld |
| 32 | MUHLE, MAGDALENA | 1988 | W 35 | 103 | --- | | | | | 32 | 28 | | | | 43m | | | | | | SG Teutonia Erle |
| 33 | KUBITZ, JULIA | 1992 | W 30 | 99 | --- | | | | | | | | | | 50m | 49 | | | | | Aloha Running Crew |
| 34 | SCHILDMEYER, JOLA | 2007 | WJ U20 | 97 | --- | | | | 31m | | 27m | 8 | m | | | 31 | | | | | SW Osterfeine |
| 35 | KRUSE, VERENA | 1982 | W 40 | 96 | --- | | | 49 | | | 47 | | | | | | | | | | TuS BW Lohne Triathlon |
| 36 | BIESENKAMP, PIA | 2003 | FRAUEN | 96 | --- | | | | 46 | 50 | | | | | | | | | | | |
| 37 | STARK, KATHARINA | 1992 | W 30 | 95 | --- | | | | | | 45m | 50 | | | | | | | | | |
| 38 | SCHRÖER, DÖRTHE | 1989 | W 35 | 95 | --- | | | | | | | | | | 45 | k | 50 | | | | Aloha Running Crew |
| 39 | SCHUBERT, ZOË | 2002 | FRAUEN | 94 | --- | | | | 45m | 49 | | | | | | | | | | | Aloha Running Crew |
| 40 | BREGEN, SOPHIE | 1995 | W 30 | 92 | --- | | | | | 44m | | 48 | | | | | | | | | TuS BW Lohne Leichtathletik |
| 41 | SANFTENBERG, SARAH | 1979 | W 45 | 90 | --- | | | 23m | 9 | k | | | m | | 26 | k | 32m | | | | Laufftreff Steinfeld |

- keine Wertung -

| Platz | Name, Vorname | Jahrg. | AK | Gesamt | 6 | aus | 13 | VEC | DÜM | DAC | DIN | MÜH | LGF | LOH | EKE | MV | BRO | LC | STF | DAS | Verein |
|-------|--------------------------|--------|--------|--------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|-----|-----|-------------------------------|
| 42 | GRONEICK, WIBKE | 1982 | W 40 | 90 | --- | | | | 45 | I | 45 | I | | | | | | | | | TuS Bersenbrück |
| 43 | BERKEMEYER, LUISA | 2001 | FRAUEN | 89 | --- | | | | 45 | I | 44 | I | | | | | | | | | TuS Neuenkirchen |
| 44 | BÖSEMANN, MELANIE | 1977 | W 45 | 86 | --- | | 21 | I | 41 | I | 24 | I | | | | | | | | | Burgläufer Dinklage |
| 45 | PEUKERT, MADLEN | 1979 | W 45 | 81 | --- | 39 | I | 26 | I | 16 | I | I | | | | | | | | | TSV Drebber Lauftreff |
| 46 | HEINRICH, MEIKE | 1967 | W 55 | 81 | --- | | | 25 | I | 2 | I | | | 25 | k | 29m | | | | | OSC Damme |
| 47 | BÖCKMANN, IRIS | 1988 | W 35 | 80 | --- | | | | 42 | I | 38 | I | | | | | | | | | GW Mühlen |
| 48 | PILLE, BIRGIT | 1968 | W 55 | 78 | --- | | | 23m | 24 | I | I | | | 31m | | | | | | | LF SFN Vechta |
| 49 | NIEHUES, JESSICA | 1988 | W 35 | 78 | --- | | 16 | I | | 28m | I | | | 34 | I | | | | | | LF SFN Vechta |
| 50 | BRÖRING, GISELA | 1955 | W 70 | 78 | --- | | 28m | 28 | I | 22 | I | I | | | | | | | | | |
| 51 | KAPELS, PAULA | 2016 | WK U10 | 77 | --- | | | | 19m | m | | | 30 | k | 28m | | | | | | FAST RABBITS |
| 52 | GLUCHE, CLAUDIA | 1977 | W 45 | 75 | --- | | 41 | I | 34 | I | | | | | | | | | | | TuS Blau-Weiß Lohne Triathlon |
| 53 | HERMESCH, LUISA | 1995 | W 30 | 74 | --- | | | | 33m | m | | | 41 | k | | | | | | | LT Waldschleicher Lohne |
| 54 | BOHNE, PIA | 1997 | FRAUEN | 71 | --- | | | | 38 | I | 33 | I | I | | | | | | | | Bohne Crew |
| 55 | MEYER-KUNSCH, LENA | 1987 | W 35 | 68 | --- | 34 | I | | | | | | 34m | | | | | | | | |
| 56 | LINNEMANN, LEA | 2016 | WK U10 | 68 | --- | | | | | | 32m | | 36 | k | | | | | | | SV Barver Running Kids |
| 57 | KAPELS, PAYTON | 2013 | WJ U14 | 66 | --- | | 6 | k | | 16m | m | | 19 | k | 25m | | | | | | FAST RABBITS |
| 58 | GIERE, SANDRA | 1976 | W 45 | 66 | --- | 27m | 28 | k | | | 11m | | | | | | | | | | Aloha Running Crew |
| 59 | BOCKHORST, MAIKE | 1989 | W 35 | 66 | --- | | | | 35 | I | 31m | | | | | | | | | | TV Dinklage |
| 60 | BEERTHUIS, KIM | 1997 | FRAUEN | 66 | --- | | 35 | I | | | 31 | I | | | | | | | | | SV Falke Steinfeld |
| 61 | KOCK, ELISABETH | 1989 | W 35 | 65 | --- | | 38 | I | | | 27 | I | | | | | | | | | Sonnenhof e.V |
| 62 | BURG, BIRGIT | 1958 | W 65 | 65 | --- | 20m | | | 22m | | | | 23 | k | | | | | | | TV Georgsmarienhütte |
| 63 | ROLFES, SINA | 2006 | WJ U20 | 63 | --- | | 33 | I | | | 30 | I | | | | | | | | | |
| 64 | LAMPING, SARAH | 1994 | W 30 | 63 | --- | | | | 37 | I | 26 | I | | | | | | | | | LF SFN Vechta |
| 65 | SCHRÖDER, BERIT | 2008 | WJ U18 | 60 | --- | | | | | 17m | | | | 43 | I | | | | | | TuS BW Lohne Leichtathletik |
| 66 | PULSFORT, LEONIE | 2000 | FRAUEN | 60 | --- | | | | 37 | I | 23 | I | | | | | | | | | TuS Lutten |
| 67 | AVERDAM, ANNE | 1998 | FRAUEN | 60 | --- | | | | | 16 | I | | | 44 | I | | | | | | |
| 68 | BERGMANN, KRISTIN | 2007 | WJ U20 | 57 | --- | | | | | 18 | I | I | | 39 | I | | | | | | SWO osterfeine |
| 69 | LINNEMANN, HEIKE | 1983 | W 40 | 56 | --- | | | 16m | 11m | 5 | m | | 24 | k | | | | | | | SV Barver Running Crew |
| 70 | DOMBROWSKI, JANINE | 1985 | W 40 | 56 | --- | | 25 | I | 31 | I | | | | | | | | | | | |
| 71 | MEYER, FRANKA | 1988 | W 35 | 54 | --- | 41 | I | | | | 13 | I | | | | | | | | | KMH & friends |
| 72 | TAPHORN, JULIA | 1997 | FRAUEN | 53 | --- | | 20 | k | 21m | 12m | m | | | | | | | | | | TV Dinklage Otter |
| 73 | BRÜNING, CAROLIN | 2006 | WJ U20 | 53 | --- | | 25m | | | | 28 | k | | | | | | | | | GW Mühlen |
| 74 | WOLLERING, NICOLE | 1974 | W 50 | 52 | --- | | 19 | k | | | | | | 33m | | | | | | | GW Mühlen |
| 75 | SCHWÄRTER, SANDRA | 1988 | W 35 | 50 | --- | m | | | 5 | m | I | | 21 | k | 24m | | | | | | Lauftreff 2.Kp Südlohne |
| 76 | SCHEPER, ANNA | 1995 | W 30 | 50 | --- | | 50 | I | | | | | | | | | | | | | Aloha Running Crew |
| 77 | SCHEPER-STUKE, ANNA | 1995 | W 30 | 49 | --- | | | | | 49 | I | | | | | | | | | | Aloha Running Creww |
| 78 | JONES MICHELLE YVONNE | 1969 | W 55 | 49 | --- | | | | | | | | 49m | | | | | | | | |
| 79 | BÖHM, TINA | 1990 | W 35 | 49 | --- | | 49 | I | | | | | | | | | | | | | OFV Ostercappeln |
| 80 | WEILAND, TINA | 1990 | W 35 | 47 | --- | | | 47 | I | | | | | | | | | | | | Aloha Running Crew |
| 81 | RIESELMANN, BETTINA | 1990 | W 35 | 47 | --- | | | | | 47 | I | | | | | | | | | | |
| 82 | CASPER, DANA | 1990 | W 35 | 47 | --- | | | | | | | | 47m | | | | | | | | |
| 83 | NUßWALDT, ANNE | 1978 | W 45 | 46 | --- | 46 | I | | | | | | | | | | | | | | LT Waldschleicher Lohner |

- keine Wertung -

| Platz | Name, Vorname | Jahrg. | AK | Gesamt | 6 | aus | 13 | VEC | DÜM | DAC | DIN | MÜH | LGF | LOH | EKE | MV | BRO | LC | STF | DAS | Verein | |
|-------|-----------------------------|--------|--------|--------|-----|-----|----|-----|-----|-----|-----|-----|-----|-----|-----|----|-----|----|-----|-----|--------|-------------------------------|
| 169 | MENKE-ZUMBRÄGEL JOSEFINE | 2008 | WJ U18 | 32 | --- | | | | | | | 32 | l | | | | | | | | | |
| 170 | KLUTE, JANINE | 1990 | W 35 | 32 | --- | | | | 32 | l | | | | | | | | | | | | |
| 171 | HAKE, ANJA | 1993 | W 30 | 32 | --- | | | 12m | | 20m | | | | | | | | | | | | |
| 172 | GROTE, ALINA | 1996 | FRAUEN | 32 | --- | | | | | | 32 | l | m | | | | | | | | | |
| 173 | BISCHOFF, UTE | 1968 | W 55 | 32 | --- | | | | | | 32m | | | | | | | | | | | Lebenshilfe - Wir bewegen uns |
| 174 | WILLENBORG, RIEKE | 2007 | WJ U20 | 31 | --- | | | | | | 31m | | l | | | | | | | | | TuS BW Lohne Leichtathletik |
| 175 | WILKENS, LEA | 2009 | WJ U18 | 31 | --- | | | | 31 | k | | | | | | | | | | | | TuS BW Lohne Leichtathletik |
| 176 | SKRZIPCZYK, DANA | 2008 | WJ U18 | 31 | --- | | | 31m | | | | | | | | | | | | | | |
| 177 | KAMPERS, PATRICIA | 1979 | W 45 | 31 | --- | | | 5 m | k | 11m | m | m | | 15 | k | | | | | | | TuS BW Lohne Leichtathletik |
| 178 | BUB, LARISSA | 1992 | W 30 | 31 | --- | | | | | | | | | 31 | k | | | | | | | TuS BW Lohne Leichtathletik |
| 179 | WILKENS, ANNE | 1982 | W 40 | 30 | --- | | | | 30 | k | | | | | | | | | | | | Rheumaliga n.e.V. |
| 180 | ROHE, JUDITH | 1987 | W 35 | 30 | --- | | | | | | 30m | | | | | | | | | | | Laufftreff 2.Kp Südlohne |
| 181 | RIEBELMANN, FRANZISKA | 1992 | W 30 | 30 | --- | | | | | | | | | | 30 | l | | | | | | |
| 182 | PETERS, STELLA | 1998 | FRAUEN | 30 | --- | | | | | | | | | | 30m | | | | | | | RSC Handorf-Langenberg e. V. |
| 183 | KORTE, RENATE | 1970 | W 55 | 30 | --- | | | | | 30 | l | | | | | | | | | | | TV Dinklage-Burgläufer |
| 184 | FITSCHEN, BEEKE | 1991 | W 30 | 30 | --- | | | | | | 30 | l | | | | | | | | | | Bis einer weint |
| 185 | BODMANN, JORDAN | 2014 | WK U12 | 30 | --- | | | | | | | 30 | k | | | | | | | | | OSC Damme |
| 186 | AHRENS, INA | 1987 | W 35 | 30 | --- | | | | 30m | | | | | | | | | | | | | |
| 187 | WEBERSINKE, MARLEN | 1963 | W 60 | 29 | --- | | | | | 29m | | | | | | | | | | | | Vareler TB |
| 188 | SCHULTE, ANIKA | 1997 | FRAUEN | 29 | --- | | | | | 29 | k | | | | | | | | | | | Sc melle 03 e. V |
| 189 | SCHLÖMER, INGA | 1994 | W 30 | 29 | --- | | | | | | 29 | l | | | | | | | | | | |
| 190 | SANDKÜHLER GURKA DORLE | 1978 | W 45 | 29 | --- | | | | 29m | | | | | | | | | | | | | |
| 191 | RIEBELMANN, SOFIA | 1998 | FRAUEN | 29 | --- | | | | | | | | | | 29 | l | | | | | | VC Osnabrück |
| 192 | RIESSELMANN, MARLENE | 2000 | FRAUEN | 29 | --- | | | | | | | 29 | l | | | | | | | | | Lohne |
| 193 | MARTENS, HANNAH | 1999 | FRAUEN | 29 | --- | | | | | 29 | l | | | | | | | | | | | |
| 194 | HÜLSMANN, THEA | 2007 | WJ U20 | 29 | --- | | | | | | | 29 | k | | | | | | | | | GW Mühlen |
| 195 | BRINKMANN, MONIKA | 1984 | W 40 | 29 | --- | | | | 29 | l | | | | | | | | | | | | |
| 196 | BOHMANN, FLORENTINE | 2007 | WJ U20 | 29 | --- | | | | | | 29m | | | | | | | | | | | TV Dinklage |
| 197 | BECKERT, CHARLINE | 1991 | W 30 | 29 | --- | | | | | | | 29m | | | | | | | | | | |
| 198 | WILLENBORG, KIM ANNA | 1998 | FRAUEN | 28 | --- | | | | | 28m | | | l | | | | | | | | | Tuesday Running Club |
| 199 | WIGGER, IRMGAD | 1961 | W 60 | 28 | --- | | | | | | | | | 28 | k | | | | | | | LT Waldschleicher Lohne |
| 200 | WERNER, EVA-MARIA | 1986 | W 35 | 28 | --- | | | | | | | 28m | | | | | | | | | | SC Bakum |
| 201 | SPIESHÖFER, ANDREA | 1973 | W 50 | 28 | --- | | | | 28 | l | | | | | | | | | | | | BSG Kreissparkasse Melle |
| 202 | ROLFS-SKRZIPCZYK BIRGIT | 1968 | W 55 | 28 | --- | | | 28m | | | | | | | | | | | | | | morningmiles |
| 203 | BIESTMANN, KERSTIN | 1969 | W 55 | 28 | --- | | | | | | | 28 | l | | | | | | | | | |
| 204 | WILKE, IDA | 2008 | WJ U18 | 27 | --- | | | | | 27 | k | | | | | | | | | | | SWO osterfeine |
| 205 | LAMBERS-DARGER, CLARA | 1994 | W 30 | 27 | --- | | | | | | | 27m | | | | | | | | | | LF SFN Vechta |
| 206 | HELD, ULRIKE | 1958 | W 65 | 27 | --- | | | | | 27m | | | | | | | | | | | | Vareler TB |
| 207 | HACKMANN, DIANA | 1975 | W 50 | 27 | --- | | | | | | | | | 27 | k | | | | | | | |
| 208 | CASELITZ, ANTONIA | 2016 | WK U10 | 27 | --- | | | | | | | | | | 27m | | | | | | | TuS Blau-Weiß Lohne |
| 209 | BIELEFELD, KATJA | 1977 | W 45 | 27 | --- | | | | 27 | l | | | | | | | | | | | | Bramscher Rumläufer |

- keine Wertung -

| Platz | Name, Vorname | Jahrg. | AK | Gesamt | 6 | aus 13 | VEC | DÜM | DAC | DIN | MÜH | LGF | LOH | EKE | MV | BRO | LC | STF | DAS | Verein | |
|-------|-----------------------------|--------|--------|--------|-----|--------|-----|-----|-----|-----|-----|-----|-----|-----|----|-----|----|-----|-----|--------|---------------------------|
| 252 | KLASING, KATHARINA | 1996 | FRAUEN | 21 | --- | | | 21m | | | | | | | | | | | | | |
| 253 | IDELER, FRANZISKA | 1989 | W 35 | 21 | --- | | | | | | m | | | 21m | | | | | | | Lauftreff 2.Kp Südlohne |
| 254 | HAMMERSEN, PIA | 1996 | FRAUEN | 21 | --- | | | | 21 | l | | | | | | | | | | | TVD Dinklage |
| 255 | SCHUMACHER, JASMIN | 2005 | FRAUEN | 20 | --- | | | | 20 | l | | | | | | | | | | | TVD Floorball Otter |
| 256 | ROLFES, CAROLIN | 1989 | W 35 | 20 | --- | | | | | | m | | | 20m | | | | | | | |
| 257 | NUXOLL, SINA | 2010 | WJ U16 | 20 | --- | | | | | 20 | l | | | | | | | | | | BW-Lohne |
| 258 | NACHTIGAL, LISA | 1996 | FRAUEN | 20 | --- | | | | 20m | | | | | | | | | | | | TV Dinklage |
| 259 | LANDIS, SVETLANA | 1992 | W 30 | 20 | --- | | | | | | | | 20 | k | | | | | | | |
| 260 | KREINBERG TJORVEN FRANKA | 2001 | FRAUEN | 20 | --- | | | | | 20m | | | | | | | | | | | |
| 261 | HOMÖLLE, BIANCA | 1998 | FRAUEN | 20 | --- | | | 20m | | | | | | | | | | | | | |
| 262 | EDEL, TATIANA | 1984 | W 40 | 20 | --- | | | 20 | l | | | | | | | | | | | | |
| 263 | DÖRFLER, THERESA | 2000 | FRAUEN | 20 | --- | | | | | 20 | k | | | | | | | | | | |
| 264 | SPAUDE, EVELYN | 1997 | FRAUEN | 19 | --- | | | 19 | l | | | | | | | | | | | | PSV Hellern |
| 265 | SCHEPANSKI, SOPHIA | 2015 | WK U12 | 19 | --- | | | | | 19 | k | | | | | | | | | | |
| 266 | RÖMER, JULIA | 2007 | WJ U20 | 19 | --- | | | | | 19 | l | | | | | | | | | | |
| 267 | RÖCHTE, LENI | 2006 | WJ U20 | 19 | --- | | | | | 19m | | | | | | | | | | | BW Lohne |
| 268 | OLBERDING, LAURA | 1996 | FRAUEN | 19 | --- | | | | 19 | l | | | | | | | | | | | |
| 269 | HARTMANN, ANDREA | 1979 | W 45 | 19 | --- | | | | | | m | | | 19m | | | | | | | Endmoräne Kroke-Ehrendorf |
| 270 | FORTMANN, FRANZISKA | 1985 | W 40 | 19 | --- | | | | 19m | | l | | | | | | | | | | Aloha Running Crew |
| 271 | ERDBRINK, KATRIN | 1977 | W 45 | 19 | --- | | | 19m | | | | | | | | | | | | | OSC Osnabrück |
| 272 | AHRENS, LUISA | 2008 | WJ U18 | 19 | --- | | | 19m | | | | | | | | | | | | | GAV |
| 273 | ULBRICH, JULIA | 1985 | W 40 | 18 | --- | | | | | 18m | | | | | | | | | | | Vechta |
| 274 | SCHÜTTE, NEELE | 2002 | FRAUEN | 18 | --- | | | | | 18 | l | | | | | | | | | | |
| 275 | REINKE, MARLENE | 2000 | FRAUEN | 18 | --- | | | | 18m | | | | | | | | | | | | TV Dinklage |
| 276 | PUTTHOFF, MILENA | 1990 | W 35 | 18 | --- | | | 18m | | | | | | | | | | | | | OSV Osterfene |
| 277 | KILBY, ALISHA | 1995 | W 30 | 18 | --- | | | | | | | | | 18m | | | | | | | |
| 278 | KEMPER, ANNA | 2000 | FRAUEN | 18 | --- | | | | 18m | | | | | | | | | | | | |
| 279 | HEIDLER, NICOLE | 1976 | W 45 | 18 | --- | | | 7 | l | | 11 | l | | | | | | | | | Lauftreff Steinfeld |
| 280 | GOTTLEBE, JENNIFER | 1986 | W 35 | 18 | --- | | | | 18 | k | | | | | | | | | | | |
| 281 | FRAGNER, ANNE | 1982 | W 40 | 18 | --- | | | | 18 | l | | | | | | | | | | | |
| 282 | COHRS, LUCY | 2001 | FRAUEN | 18 | --- | | | | | | 18 | k | | | | | | | | | SV Arminia Rechterfeld |
| 283 | WÜBBELMANN, ANDREA | 1977 | W 45 | 17 | --- | | | | 17 | l | | | | | | | | | | | SV Gehrde läuft...! |
| 284 | WOLKE, MARIE | 1996 | FRAUEN | 17 | --- | | | | | 17m | | | | | | | | | | | |
| 285 | TEGENKAMP, LEONA | 2002 | FRAUEN | 17 | --- | | | | | | | | 17 | k | | | | | | | |
| 286 | STRAUSS, HALIDA | 1990 | W 35 | 17 | --- | | | 17m | | | | | | | | | | | | | Vino bei Timo |
| 287 | SCHILDMEYER, MILA | 2009 | WJ U18 | 17 | --- | | | | 17 | k | | | | | | | | | | | SW Osterfeine |
| 288 | RUL, EMILY | 2016 | WK U10 | 17 | --- | | | | | | | | | 17m | | | | | | | |
| 289 | RAZAZIBOROUJENI MARZIEH | 1992 | W 30 | 17 | --- | | | | 17m | | | | | | | | | | | | |
| 290 | OLBERDING, MAREN | 2001 | FRAUEN | 17 | --- | | | | 17 | l | | | | | | | | | | | |
| 291 | MÖLLERS, EMMA | 2009 | WJ U18 | 17 | --- | | | | | 17 | k | | | | | | | | | | BW Lohne |
| 292 | KRÄMER, MALENA | 2002 | FRAUEN | 17 | --- | | | | | 17 | l | | | | | | | | | | TuS Neuenkirchen |

- keine Wertung -

| Platz | Name, Vorname | Jahrg. | AK | Gesamt | 6 | aus | 13 | VEC | DÜM | DAC | DIN | MÜH | LGF | LOH | EKE | MV | BRO | LC | STF | DAS | Verein | |
|-------|---------------------------|--------|--------|--------|-----|-----|----|-----|-----|-----|-----|-----|-----|-----|-----|----|-----|----|-----|-----|--------|-----------------------------|
| 376 | MEYER, ANDREA | 1972 | W 50 | 5 | --- | | | 5 | l | | | | | | | | | | | | | |
| 377 | HÜLSMANN, KLARA | 2005 | FRAUEN | 5 | --- | | | | | | | 5 | k | | | | | | | | | GW Mühlen |
| 378 | GROSSE KAMPHAKE SANDRA | 1985 | W 40 | 5 | --- | | | 5 | k | | | m | | | | | | | | | | |
| 379 | STIETZEL, HANJA | 2001 | FRAUEN | 4 | --- | | | 4 | l | | | | | | | | | | | | | |
| 380 | PÜTTSCHEIDER, VERENA | 1983 | W 40 | 4 | --- | | | | | | | 4 | l | | | | | | | | | 1614 Running Club :) |
| 381 | OSTERLOH, MINA | 2005 | FRAUEN | 4 | --- | | | | | | | 4 | k | | | | | | | | | GW Mühlen |
| 382 | KLEINE BORNHORST MARIE | 2008 | WJ U18 | 4 | --- | | | | | | | 4 | m | | | | | | | | | GW Mühlen |
| 383 | GERHARDT, MARLENE | 1997 | FRAUEN | 4 | --- | | | 4 | k | | | | | | | | | | | | | |
| 384 | DÖDTMANN, SANDRA | 1986 | W 35 | 4 | --- | | | | | | 4 | m | | | | | | | | | | TV Dinklage |
| 385 | DIERKEN, MAIKE | 1983 | W 40 | 4 | --- | | | 4 | m | | | | | | | | | | | | | |
| 386 | SCHUMACHER-NOTHEIS SABINE | 1972 | W 50 | 3 | --- | | | | | | 3 | m | | | | | | | | | | LT Waldschleicher Lohne |
| 387 | MOORKAMP, EMMA | 2003 | FRAUEN | 3 | --- | | | | | | | 3 | m | | | | | | | | | Pieper-Moorkamp Lauffreunde |
| 388 | MENKE, JOSEFINE | 1999 | FRAUEN | 3 | --- | | | | | | 3 | l | | | | | | | | | | |
| 389 | KÜHN, JANINA | 1997 | FRAUEN | 3 | --- | | | 3 | l | | | | | | | | | | | | | |
| 390 | DRIEFHOLT, DEIKE | 1997 | FRAUEN | 3 | --- | | | | | | | 3 | k | | | | | | | | | |
| 391 | WEISTHOFF, SARA | 1998 | FRAUEN | 2 | --- | | | | | | | 2 | l | | | | | | | | | |
| 392 | TRENKAMP, JANA | 2006 | WJ U20 | 2 | --- | | | | | | | 2 | m | | | | | | | | | |
| 393 | PAYSEN, BENTHE | 1981 | W 40 | 2 | --- | | | 2 | l | | | | | | | | | | | | | |
| 394 | HILLMANN, JANA | 2007 | WJ U20 | 2 | --- | | | 2 | k | | | | | | | | | | | | | SWO osterfeine |
| 395 | FELDHAUS, LAURA | 1997 | FRAUEN | 2 | --- | | | | | | | 2 | k | | | | | | | | | |
| 396 | DEBBELER, THERESA | 2002 | FRAUEN | 2 | --- | | | 2 | m | | | | | | | | | | | | | SVA Laufgruppe Rechterfeld |
| 397 | BLEY, DAGMAR | 1972 | W 50 | 2 | --- | | | | | | 2 | m | m | | | | | | | | | Gesundheit im Zentrum |
| 398 | TAPKEN, MARITA | 1967 | W 55 | 1 | --- | | | | | | 1 | l | | | | | | | | | | QSC Quakenbrück |
| 399 | TABELING, JULIA | 1988 | W 35 | 1 | --- | | | | | | | 1 | l | | | | | | | | | |
| 400 | SOMMER, SUSANNE | 1972 | W 50 | 1 | --- | | | 1 | m | | | m | | | | | | | | | | LT DW Hausstette |
| 401 | SIENKAMP, SARA | 2013 | WJ U14 | 1 | --- | | | | | | | 1 | k | | | | | | | | | Aloha Running Crew |
| 402 | PUTTHOFF, CLAUDIA | 1966 | W 55 | 1 | --- | | | | | | 1 | m | m | | | | | | | | | TVD Dinklage |
| 403 | MÖLLER, CHRISTIANE | 1959 | W 65 | 1 | --- | | | 1 | l | | | | | | | | | | | | | Quakenbrücker SC 99 |
| 404 | BÜCH, TANJA | 1982 | W 40 | 1 | --- | | | | | | | 1 | m | | | | | | | | | LT Visbek |

6 aus 13: Jede Wertung (MW und AK) holt die für sich besten 6 Ergebnisse aus allen absolvierten Läufen.
 Buchstaben hinter Wertungspunkt: k = Kurz-, m = Mittel-, l = Langstrecke, h = Halbmarathon
 Streckenkürzel ohne Punkte:.
 Der MW-Platz des Teilnehmers ist größer als max. Punkte der Laufstrecke und damit der Lauf nicht in der Wertung.

Bei Punktgleichheit: 1. bessere Wertung beim letzten gemeinsamen Lauf mit gleicher Laufstrecke (k,m,l,h)
 2. höhere Anzahl längerer Laufstrecken bei allen 13 Volksläufen.

Volksbank-Cup Serie:

| | | | |
|-----|----------|----|---------------------------|
| VEC | 07.09.25 | So | Moin Vechta |
| DÜM | 03.10.25 | Fr | 12. Dümmerlauf |
| DAC | 09.11.25 | So | OSC Crosslauf 2025 |
| DIN | 30.11.25 | So | 23. Dinklager Adventslauf |
| MÜH | 31.12.25 | Mi | Silvester Mühlen |

| | | | |
|-----|----------|----|------------------------------------|
| LGF | 10.01.26 | Sa | Volkslauf Langförden |
| LOH | 15.03.26 | So | 4. Lohner Crosslauf |
| EKE | 09.05.26 | Sa | 1. Endmoränenlauf Kroge-Ehhrendorf |
| MV | 13.06.26 | Sa | Missionslauf Visbek |
| BRO | 20.06.26 | Sa | 6. Brockdorfer Volkslauf |
| LC | 05.07.26 | So | Lohner Charity |
| STF | 31.07.26 | Fr | Steinfelder Sommerlauf |
| DAS | 14.08.26 | Fr | 24. Stadtlauf Damme |