

# 13. Voxtruper Volkslauf

am 12. Juni 2026



VfR Voxtrup 1927 e.V.

<https://www.vfr-voxtrup.de>

## -Gesamtwertung-

| Ges.-<br>Platz              | MW-<br>Platz | AK-<br>Platz | Laufzeit | Start-<br>Nr. | Name, Vorname            | Jahrg. | AK     | Verein                       |
|-----------------------------|--------------|--------------|----------|---------------|--------------------------|--------|--------|------------------------------|
| <b>"Schülerlauf 3,9 km"</b> |              |              |          |               |                          |        |        |                              |
| 1                           | 1            | 1            | 17:55,59 | 2118          | Prühs, Tyler             | 2014   | MJ U14 | Realschule Georgsmarienhütte |
| 2                           | 2            | 1            | 18:07,40 | 2104          | Potthoff, Niklas         | 2012   | MJ 14  | Realschule Georgsmarienhütte |
| 3                           | 1            | 1            | 18:23,96 | 2000          | Kulgemeyer, Clara        | 2013   | WJ U14 | OTB Osnabrück                |
| 4                           | 3            | 2            | 18:45,68 | 2110          | Gashi, Anik              | 2014   | MJ U14 | Realschule Georgsmarienhütte |
| 5                           | 2            | 1            | 18:54,56 | 2501          | Haßpecker, Lisa          | 2012   | WJ 14  | Realschule Georgsmarienhütte |
| 6                           | 4            | 3            | 19:21,37 | 2106          | Trentmann, Thore         | 2013   | MJ U14 | Realschule Georgsmarienhütte |
| 7                           | 5            | 4            | 20:33,58 | 2120          | Rumker, Max              | 2013   | MJ U14 | Realschule Georgsmarienhütte |
| 8                           | 6            | 5            | 20:42,27 | 2116          | Meyerrose, Mattis        | 2014   | MJ U14 | Realschule Georgsmarienhütte |
| 9                           | 7            | 6            | 20:51,18 | 2122          | Schulte, Bendix          | 2013   | MJ U14 | Realschule Georgsmarienhütte |
| 10                          | 8            | 7            | 21:53,10 | 2500          | Cerqueira-Cadilla, Marco | 2014   | MJ U14 |                              |
| 11                          | 3            | 2            | 21:54,06 | 2800          | Steinweg, Zoe            | 2014   | WJ U14 |                              |
| 12                          | 9            | 8            | 22:02,47 | 2801          | Laumann, Luis            | 2014   | MJ U14 |                              |
| 13                          | 10           | 9            | 22:34,37 | 2119          | Röttger, Moritz          | 2013   | MJ U14 | Realschule Georgsmarienhütte |
| 14                          | 11           | 10           | 22:36,98 | 2123          | Tepe, Levin              | 2013   | MJ U14 | Realschule Georgsmarienhütte |
| 15                          | 4            | 1            | 23:31,07 | 2100          | Tiedeken, Lilith         | 2015   | WK U12 | Realschule Georgsmarienhütte |
| 16                          | 5            | 3            | 23:32,16 | 2121          | Schomaker, Sophie        | 2014   | WJ U14 | Realschule Georgsmarienhütte |
| 17                          | 6            | 4            | 24:57,58 | 2117          | Müller, Fenja            | 2013   | WJ U14 | Realschule Georgsmarienhütte |
| 18                          | 7            | 5            | 24:58,04 | 2109          | Dukat, Mascha            | 2014   | WJ U14 | Realschule Georgsmarienhütte |
| 19                          | 8            | 6            | 25:23,98 | 2114          | Junker, Jana             | 2014   | WJ U14 | Realschule Georgsmarienhütte |
| 20                          | 9            | 7            | 25:28,89 | 2126          | Zitzmann, Mia            | 2013   | WJ U14 | Realschule Georgsmarienhütte |
| 21                          | 10           | 2            | 25:47,03 | 2107          | Baumann, Nele            | 2015   | WK U12 | Realschule Georgsmarienhütte |
| 22                          | 11           | 8            | 28:35,24 | 2103          | Niemeyer, Stina          | 2013   | WJ U14 | Realschule Georgsmarienhütte |
| 23                          | 12           | 11           | 30:36,83 | 2105          | Schwöppe, Lasse          | 2013   | MJ U14 | Realschule Georgsmarienhütte |

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|---------------------------|--------------|--------------|----------|---------------|-----------------------|--------|--------|----------------------------|
| <b>"Jedermann 5,5 km"</b> |              |              |          |               |                       |        |        |                            |
| 1                         | 1            | 1            | 19:31,26 | 3008          | Hassan, Ahmed         | 2001   | MÄNNER |                            |
| 2                         | 2            | 1            | 19:32,71 | 3003          | Kaczynski, Patrick    | 1990   | M35    | Speedy Family              |
| 3                         | 3            | 2            | 19:53,78 | 3010          | Sündermann, Henning   | 1989   | M35    | LF SFN Vechta              |
| 4                         | 4            | 1            | 20:42,71 | 3000          | Glawion, Robin        | 1992   | M30    |                            |
| 5                         | 5            | 1            | 20:49,21 | 3800          | Schmidtke, Lars       | 1980   | M45    | OTB Osnabrück              |
| 6                         | 6            | 2            | 21:15,25 | 3809          | Heinrich, Julian      | 1999   | MÄNNER |                            |
| 7                         | 7            | 3            | 26:00,24 | 3503          | Daunois, Nathan       | 1999   | MÄNNER |                            |
| 8                         | 8            | 2            | 26:23,83 | 3807          | Abdalla, Ibrahim      | 1994   | M30    |                            |
| 9                         | 9            | 1            | 26:48,75 | 3804          | Laumann, Mateo        | 2012   | MJ 14  |                            |
| 10                        | 1            | 1            | 27:09,00 | 3004          | Trame, Nicole         | 1993   | W30    | Speedy Family              |
| 11                        | 10           | 4            | 28:03,76 | 3802          | Tiemeyer, Mats        | 1997   | MÄNNER |                            |
| 12                        | 2            | 1            | 28:09,20 | 3005          | Tebbe, Luisa- Antonia | 1986   | W40    | SC Melle 03 e.V.           |
| 13                        | 3            | 1            | 28:46,00 | 3007          | Witte, Louisa         | 2004   | FRAUEN |                            |
| 14                        | 11           | 1            | 28:52,04 | 3803          | Schmienmann, Gerrit   | 1974   | M50    |                            |
| 15                        | 12           | 3            | 29:35,33 | 3006          | Fiala, Jan            | 1991   | M35    |                            |
| 16                        | 13           | 2            | 30:33,93 | 3009          | Kania, Günter-Michael | 1975   | M50    | Fumos Freunde              |
| 17                        | 14           | 1            | 31:25,32 | 3012          | Pohlmann, Markus      | 1986   | M40    |                            |
| 18                        | 4            | 2            | 31:28,02 | 3011          | Huil, Eyleen          | 1994   | W30    |                            |
| 19                        | 15           | 1            | 32:04,15 | 3801          | Tepe, Johann          | 2011   | MJ 15  | VfR Voxtrup                |
| 20                        | 5            | 1            | 32:31,08 | 3806          | Burg, Birgit          | 1958   | W65    | TV Georgsmarienhütte       |
| 21                        | 6            | 3            | 32:44,82 | 3502          | Schmid, Bianca        | 1996   | W30    |                            |
| 22                        | 7            | 1            | 32:49,32 | 3500          | Schulhoff, Nadine     | 1991   | W35    |                            |
| 23                        | 16           | 2            | 33:17,98 | 3002          | Wennemer, Nevio       | 2012   | MJ 14  | Taekwondo Ibbenbüren       |
| 24                        | 17           | 1            | 33:18,96 | 3001          | Wennemer, Marlon      | 2009   | MJ U18 | Taekwondo Ibbenbüren       |
| 25                        | 18           | 2            | 33:43,57 | 3501          | Stark, Ram            | 2011   | MJ 15  |                            |
| 26                        | 8            | 2            | 36:08,18 | 3805          | Ostermann, Ellen      | 1984   | W40    |                            |
| 27                        | 19           | 2            | 36:11,26 | 118           | Thiele, Fabian        | 1984   | M40    | ACTIVE Sportshop Osnabrück |
| 28                        | 9            | 2            | 40:02,82 | 3014          | Hömmen, Maike         | 1997   | FRAUEN |                            |
| 29                        | 10           | 3            | 40:29,73 | 3013          | Wölbern, Arwen        | 2003   | FRAUEN |                            |

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|-------------------------|--------------|--------------|----------|---------------|--------------------------|--------|--------|------------------------------|
| <b>"Hauptlauf 10km"</b> |              |              |          |               |                          |        |        |                              |
| 1                       | 1            | 1            | 32:39,83 | 224           | Kulgemeyer, Jonas        | 2004   | MÄNNER | OTB Osnabrück                |
| 2                       | 2            | 1            | 33:20,86 | 4501          | Karsch, Dustin           | 1992   | M30    | Active Sportshop             |
| 3                       | 3            | 2            | 34:30,40 | 235           | Huhtakangas, Nils        | 1999   | MÄNNER | ACTIVE Sportshop Osnabrück   |
| 4                       | 4            | 2            | 35:18,11 | 205           | Pilatus, Julius          | 1994   | M30    |                              |
| 5                       | 5            | 3            | 35:51,43 | 154           | Trennhaus, Joey          | 2000   | MÄNNER | OTB Osnabrück                |
| 6                       | 6            | 4            | 36:24,48 | 153           | Gottschling, Moritz      | 2001   | MÄNNER |                              |
| 7                       | 7            | 5            | 36:43,30 | 1515          | Hassan, Ahmed            | 2001   | MÄNNER |                              |
| 8                       | 8            | 6            | 37:18,95 | 4003          | Markowski, Demian        | 1997   | MÄNNER | TV Georgsmarienhütte         |
| 9                       | 9            | 1            | 37:50,63 | 525           | Wolters, Michael         | 1985   | M40    | LG Rheine-Elte               |
| 10                      | 10           | 1            | 38:02,72 | 169           | Salewsky, Dominik        | 1981   | M45    | Wilhelm-Fredemann-Oberschule |
| 11                      | 11           | 1            | 38:14,04 | 389           | Griese, Sven             | 1976   | M50    | Gute Nacht Lauf Herford      |
| 12                      | 12           | 2            | 38:27,76 | 158           | Kemna, Martin            | 1977   | M45    |                              |
| 13                      | 13           | 1            | 38:31,73 | 197           | Diekmann, Matthias       | 1989   | M35    |                              |
| 14                      | 14           | 3            | 38:35,81 | 4001          | Niemeyer, Mirko          | 1996   | M30    |                              |
| 15                      | 15           | 4            | 38:45,68 | 4059          | Sundag, Felix            | 1994   | M30    |                              |
| 16                      | 16           | 2            | 39:18,81 | 291           | Buller, Dominik          | 1985   | M40    | Team Currywurst              |
| 17                      | 17           | 2            | 39:22,02 | 105           | Kleine-Schönepauck, Sven | 1987   | M35    | Landstreicher                |
| 18                      | 18           | 7            | 39:54,22 | 4507          | Westermann, Scott        | 2004   | MÄNNER |                              |
| 19                      | 1            | 1            | 40:13,48 | 401           | Lienemann, Marie         | 1994   | W30    | Tus Lotte Lauftreff          |
| 20                      | 19           | 3            | 40:24,04 | 533           | Noltemeyer, Christian    | 1990   | M35    | ACTIVE Sportshop Osnabrück   |
| 21                      | 20           | 4            | 40:34,16 | 4085          | Gerken, Marc             | 1990   | M35    |                              |
| 22                      | 2            | 2            | 41:00,24 | 522           | Steins, Kiara            | 1995   | W30    |                              |
| 23                      | 21           | 2            | 41:19,02 | 129           | Otto, Daniel             | 1973   | M50    | TSV Westerhausen             |
| 24                      | 22           | 5            | 41:28,32 | 140           | Milde, Jurek             | 1990   | M35    | Grüne Ratsfraktion Osnabrück |
| 25                      | 23           | 6            | 41:56,42 | 469           | Hagel, Kolja             | 1989   | M35    |                              |
| 26                      | 24           | 3            | 42:05,58 | 330           | Stevens, Andre           | 1985   | M40    | TV Georgsmarienhütte         |
| 27                      | 25           | 8            | 42:11,10 | 136           | Uffenbrink, Nils         | 2000   | MÄNNER |                              |
| 28                      | 26           | 4            | 42:18,87 | 557           | Sommer, Sebastian        | 1984   | M40    | Piepenbrock Laufteam         |
| 29                      | 27           | 7            | 42:24,01 | 530           | Fricke, Tobias           | 1987   | M35    | TV 01 Bohmte                 |
| 30                      | 28           | 9            | 42:25,34 | 416           | Evers, Jannik            | 1999   | MÄNNER |                              |
| 31                      | 29           | 3            | 42:31,79 | 245           | Haslöwer, Oliver         | 1981   | M45    | ACTIVE Sportshop Osnabrück   |
| 32                      | 30           | 10           | 42:36,96 | 404           | Mahr, Lukas              | 1998   | MÄNNER |                              |
| 33                      | 3            | 1            | 42:51,25 | 121           | Wittig, Sabrina          | 1986   | W40    | Warendorfer SU               |
| 34                      | 31           | 5            | 43:28,74 | 113           | Woeste, Benedikt         | 1995   | M30    |                              |
| 35                      | 32           | 4            | 43:35,90 | 237           | Klocke, Matthias         | 1978   | M45    | LiVe-Lauftreff in Versmold   |
| 36                      | 33           | 8            | 43:37,39 | 493           | Sia, Raphael             | 1991   | M35    |                              |
| 37                      | 34           | 5            | 43:52,11 | 4028          | Wübbeler, Stefan         | 1985   | M40    |                              |
| 38                      | 35           | 9            | 44:01,08 | 194           | Lampe, Toivo             | 1988   | M35    |                              |
| 39                      | 36           | 1            | 44:11,86 | 101           | Kuhl, Hermann            | 1968   | M55    | OTB Osnabrück                |
| 40                      | 37           | 10           | 44:14,30 | 508           | Minne, Jan               | 1988   | M35    | SF Oesede                    |
| 41                      | 38           | 6            | 44:15,89 | 349           | Platen-Kraft, David      | 1983   | M40    |                              |
| 42                      | 39           | 1            | 44:26,41 | 314           | Igelbrink, Hans Peter    | 1963   | M60    | TV Georgsmarienhütte         |
| 43                      | 4            | 2            | 44:31,64 | 181           | Tammen, Kirsten          | 1982   | W40    |                              |
| 44                      | 40           | 11           | 44:32,38 | 261           | John, Georg              | 1989   | M35    | SCO 04 Osnabrück             |
| 45                      | 41           | 12           | 44:34,14 | 143           | Klemann, Daniel          | 1988   | M35    |                              |

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|-------------------------|--------------|--------------|----------|---------------|-------------------------|--------|--------|----------------------------|
| <b>"Hauptlauf 10km"</b> |              |              |          |               |                         |        |        |                            |
| 46                      | 42           | 6            | 44:37,76 | 300           | Ruhöfer, Lennart        | 1995   | M30    | X wie Lüwen                |
| 47                      | 43           | 11           | 44:44,66 | 526           | Dittmer, Leon           | 1999   | MÄNNER |                            |
| 48                      | 44           | 3            | 44:46,13 | 546           | Hilmes, Markus          | 1976   | M50    | FC Holsten Mündrup         |
| 49                      | 45           | 7            | 44:47,52 | 4034          | Riehemann, Tom          | 1994   | M30    | Stiftung Wadentest         |
| 50                      | 46           | 7            | 44:48,61 | 4077          | Liebe, Jan-David        | 1983   | M40    |                            |
| 51                      | 47           | 8            | 44:49,41 | 528           | Bröcker, Christopher    | 1994   | M30    |                            |
| 52                      | 48           | 8            | 44:51,40 | 414           | Symanzik, Florian       | 1983   | M40    |                            |
| 53                      | 49           | 5            | 44:52,88 | 196           | Rissling, Matthias      | 1979   | M45    |                            |
| 54                      | 50           | 13           | 44:59,68 | 4801          | Wichmann, Lars          | 1987   | M35    |                            |
| 55                      | 51           | 2            | 45:00,84 | 267           | Loheide, Stefan         | 1965   | M60    |                            |
| 56                      | 5            | 1            | 45:11,87 | 217           | Kulgemeyer, Christin    | 1978   | W45    | OTB Osnabrück              |
| 57                      | 52           | 14           | 45:13,07 | 178           | Wienker, Marcus         | 1991   | M35    | OSC                        |
| 58                      | 53           | 9            | 45:20,94 | 183           | Ring, René              | 1982   | M40    |                            |
| 59                      | 54           | 12           | 45:25,85 | 521           | Lingemann, Florian      | 1997   | MÄNNER | ACTIVE Sportshop Osnabrück |
| 60                      | 6            | 1            | 45:29,17 | 239           | Iding, Anja             | 1976   | W50    |                            |
| 61                      | 55           | 2            | 45:31,45 | 4006          | Träger, André           | 1967   | M55    | ACTIVE Sportshop Osnabrück |
| 62                      | 56           | 10           | 45:32,57 | 127           | Jahnke, Felix           | 1982   | M40    |                            |
| 63                      | 57           | 9            | 45:35,05 | 553           | Jenner, Julian          | 1996   | M30    | Piepenbrock Laufteam       |
| 64                      | 7            | 3            | 45:39,32 | 4039          | Placke, Elisa           | 1993   | W30    |                            |
| 65                      | 58           | 4            | 45:56,97 | 211           | Kellermann, Ralf        | 1972   | M50    | SV Viktoria Gesmold        |
| 66                      | 8            | 3            | 45:58,14 | 104           | Brinkmann, Monika       | 1984   | W40    |                            |
| 67                      | 59           | 10           | 46:11,03 | 425           | Fischer, Maxim          | 1993   | M30    |                            |
| 68                      | 60           | 15           | 46:11,76 | 271           | Dassau, Malte           | 1988   | M35    | 23                         |
| 69                      | 61           | 11           | 46:15,55 | 555           | Musiol, Dennis          | 1993   | M30    | Piepenbrock Laufteam       |
| 70                      | 9            | 1            | 46:18,21 | 4040          | Placke, Teresa          | 1990   | W35    |                            |
| 71                      | 62           | 16           | 46:20,16 | 390           | Seidel, Benjamin        | 1991   | M35    |                            |
| 72                      | 10           | 4            | 46:21,67 | 148           | Eggleston, Sarah        | 1986   | W40    |                            |
| 73                      | 63           | 5            | 46:23,46 | 467           | Mittendorf, Kay         | 1974   | M50    | friedensreiter             |
| 74                      | 64           | 3            | 46:38,39 | 4082          | Spatar, Gheorghe        | 1970   | M55    |                            |
| 75                      | 65           | 11           | 46:39,87 | 4005          | Wever, Timo             | 1986   | M40    |                            |
| 76                      | 66           | 6            | 46:41,76 | 4057          | Baumann, Christian      | 1976   | M50    |                            |
| 77                      | 67           | 17           | 46:43,31 | 498           | Vajnar, Benjamin        | 1990   | M35    |                            |
| 78                      | 68           | 18           | 46:51,28 | 4078          | Seliger, Jannik         | 1991   | M35    |                            |
| 79                      | 69           | 19           | 46:52,52 | 4073          | Kröger, Marc            | 1988   | M35    |                            |
| 80                      | 11           | 1            | 46:53,83 | 375           | Friedrich, Alexa        | 2008   | WJ U20 | TuS Haste 01               |
| 81                      | 70           | 20           | 46:57,35 | 359           | Schaefer, Hendrik       | 1989   | M35    |                            |
| 82                      | 12           | 5            | 47:01,65 | 452           | Gerhards, Ina           | 1986   | W40    | Bramscher Rumläufer        |
| 83                      | 71           | 21           | 47:02,15 | 410           | Lauxtermann, Thorben    | 1991   | M35    | TV Georgsmarienhütte       |
| 84                      | 13           | 1            | 47:02,80 | 276           | Holm, Melina            | 2006   | FRAUEN | TV 01 Bohmte               |
| 85                      | 72           | 13           | 47:03,47 | 394           | Hinrichs, Matteo        | 1997   | MÄNNER | Stiftung Wadentest         |
| 86                      | 14           | 2            | 47:04,67 | 388           | Huster-Schlüter, Sandra | 1990   | W35    |                            |
| 87                      | 15           | 3            | 47:07,26 | 511           | Miller, Kimberly        | 1987   | W35    | TSG07 Burg Gretesch        |
| 88                      | 73           | 7            | 47:09,36 | 407           | Tunik, Vladimir         | 1975   | M50    | OTB-LKG                    |
| 89                      | 74           | 22           | 47:11,33 | 343           | Veith, Jan-Niclas       | 1991   | M35    |                            |
| 90                      | 75           | 8            | 47:15,43 | 120           | Heidemann, Philipp      | 1975   | M50    |                            |

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| <b>"Hauptlauf 10km"</b> |              |              |          |               |                    |        |        |                            |
| 91                      | 16           | 4            | 47:19,84 | 509           | Dütemeyer, Judith  | 1989   | W35    | SG Hankenberge/Wellendorf  |
| 92                      | 76           | 12           | 47:21,15 | 278           | Kuhr, Kevin        | 1994   | M30    |                            |
| 93                      | 77           | 9            | 47:27,66 | 281           | Hilker, Frank      | 1976   | M50    | ACTIVE Sportshop Osnabrück |
| 94                      | 78           | 14           | 47:32,49 | 307           | Schweers, Sören    | 1998   | MÄNNER |                            |
| 95                      | 79           | 13           | 47:33,79 | 4012          | Voltz, Mike        | 1994   | M30    |                            |
| 96                      | 80           | 14           | 47:34,80 | 200           | Schönbrunn, Tom    | 1994   | M30    |                            |
| 97                      | 81           | 15           | 47:38,23 | 545           | Eichholz, Matthias | 1997   | MÄNNER |                            |
| 98                      | 82           | 6            | 47:41,04 | 295           | Negd, Daniel       | 1979   | M45    |                            |
| 99                      | 83           | 12           | 47:43,00 | 202           | Gornig, Falko      | 1984   | M40    |                            |
| 100                     | 84           | 15           | 47:46,69 | 474           | Höötman, Michael   | 1994   | M30    |                            |
| 101                     | 85           | 16           | 47:56,30 | 4068          | Czeranka, Johannes | 2006   | MÄNNER |                            |
| 102                     | 86           | 10           | 47:59,76 | 208           | Schmutte, Rainer   | 1974   | M50    | RSConnect                  |
| 103                     | 17           | 2            | 48:05,27 | 115           | Röwekamp, Antje    | 1980   | W45    | LT Osnabrück Nord          |
| 104                     | 87           | 7            | 48:06,95 | 558           | Tiedtke, Björn     | 1981   | M45    | Piepenbrock Laufteam       |
| 105                     | 88           | 16           | 48:19,62 | 368           | Klausmeyer, Tim    | 1994   | M30    | L&S Osna                   |
| 106                     | 89           | 8            | 48:25,77 | 4058          | Piltz, Jens        | 1979   | M45    |                            |
| 107                     | 90           | 4            | 48:28,33 | 180           | Frenzel, Volker    | 1967   | M55    | ERDINGER Active TEAM       |
| 108                     | 91           | 11           | 48:32,06 | 114           | Hägner, Kai        | 1972   | M50    |                            |
| 109                     | 92           | 23           | 48:36,82 | 4500          | Harre, Tobias      | 1991   | M35    |                            |
| 110                     | 93           | 17           | 48:41,13 | 274           | Konya, Levin-Saib  | 2000   | MÄNNER | TuS Bad Essen              |
| 111                     | 94           | 24           | 48:42,18 | 484           | Maier, Andreas     | 1990   | M35    |                            |
| 112                     | 95           | 13           | 48:46,62 | 4071          | Duda, Thorben      | 1984   | M40    |                            |
| 113                     | 18           | 4            | 48:49,52 | 4076          | Liegmann, Carolin  | 1996   | W30    |                            |
| 114                     | 96           | 17           | 48:50,39 | 4075          | Schmidt, Felix     | 1995   | M30    |                            |
| 115                     | 97           | 12           | 48:51,74 | 316           | Töpfl, Stefan      | 1976   | M50    |                            |
| 116                     | 98           | 13           | 48:53,55 | 133           | Waske, Björn       | 1974   | M50    | TSG07 Burg Gretesch        |
| 117                     | 19           | 5            | 48:54,64 | 109           | Thies, Jasmin      | 1988   | W35    |                            |
| 118                     | 99           | 5            | 49:07,30 | 286           | Mertens, Ralf      | 1967   | M55    | OTB Osnabrück              |
| 119                     | 20           | 2            | 49:08,50 | 243           | Zeitz, Jana        | 1975   | W50    | LT Lieth Paderborn         |
| 120                     | 21           | 6            | 49:09,25 | 273           | Steffen, Ina       | 1988   | W35    | VfR Voxtrup Lauftreff      |
| 121                     | 100          | 14           | 49:10,01 | 171           | Haverkamp, Sascha  | 1983   | M40    | Stadtwerke Osnabrück       |
| 122                     | 101          | 15           | 49:12,56 | 329           | Hörning, Falk      | 1985   | M40    |                            |
| 123                     | 22           | 2            | 49:14,01 | 397           | Schrameyer, Judit  | 1997   | FRAUEN | Stiftung Wadentest         |
| 124                     | 23           | 7            | 49:15,35 | 406           | Klute, Janine      | 1990   | W35    |                            |
| 125                     | 102          | 9            | 49:17,95 | 135           | Dreyer, Marco      | 1978   | M45    |                            |
| 126                     | 103          | 3            | 49:20,82 | 213           | Aulkemeyer, Jochen | 1966   | M60    | TV Mettingen               |
| 127                     | 104          | 10           | 49:24,43 | 4050          | Laumann, Sven      | 1978   | M45    |                            |
| 128                     | 105          | 11           | 49:36,66 | 4509          | Schwartz, Björn    | 1981   | M45    | LG Emsdetten               |
| 129                     | 106          | 25           | 49:38,83 | 4043          | Fulle, Marco       | 1990   | M35    |                            |
| 130                     | 24           | 3            | 49:39,60 | 562           | Loheide, Antonia   | 1997   | FRAUEN |                            |
| 131                     | 107          | 18           | 49:40,37 | 446           | Depta, David       | 1996   | M30    |                            |
| 132                     | 108          | 26           | 49:57,33 | 4029          | Schlicker, Richard | 1991   | M35    |                            |
| 133                     | 109          | 18           | 49:58,42 | 4031          | Drescher, Fabio    | 2000   | MÄNNER |                            |
| 134                     | 25           | 8            | 49:59,19 | 4014          | Mönter, Lena       | 1990   | W35    |                            |
| 135                     | 26           | 3            | 50:01,87 | 4053          | Löseke, Sandra     | 1980   | W45    |                            |

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| Ges.-<br>Platz          | MW-<br>Platz | AK-<br>Platz | Laufzeit | Start-<br>Nr. | Name, Vorname         | Jahrg. | AK     | Verein                            |
|-------------------------|--------------|--------------|----------|---------------|-----------------------|--------|--------|-----------------------------------|
| <b>"Hauptlauf 10km"</b> |              |              |          |               |                       |        |        |                                   |
| 136                     | 110          | 6            | 50:05,72 | 272           | Wöhrmeyer, Thomas     | 1967   | M55    |                                   |
| 137                     | 27           | 9            | 50:07,14 | 4018          | Stach, Nora           | 1991   | W35    |                                   |
| 138                     | 111          | 4            | 50:09,03 | 554           | Landwehr, Ulrich      | 1962   | M60    | Piepenbrock Laufteam              |
| 139                     | 112          | 27           | 50:10,03 | 317           | Tran, Peter           | 1991   | M35    |                                   |
| 140                     | 113          | 14           | 50:15,55 | 167           | Sauer, Jörg           | 1976   | M50    |                                   |
| 141                     | 28           | 4            | 50:16,24 | 119           | Snitko, Leonie        | 1997   | FRAUEN |                                   |
| 142                     | 114          | 19           | 50:17,09 | 4002          | Welkener, Sebastian   | 1998   | MÄNNER | SC Melle 03 e.V.                  |
| 143                     | 115          | 15           | 50:18,44 | 437           | Weber, Henning        | 1973   | M50    |                                   |
| 144                     | 116          | 16           | 50:22,52 | 111           | Franzkowiak, Jan      | 1976   | M50    | friedensreiter                    |
| 145                     | 117          | 7            | 50:34,26 | 244           | Klute, Ulrich         | 1968   | M55    | LT Lieth Paderborn                |
| 146                     | 118          | 16           | 50:38,68 | 411           | Volsdorf, Alexander   | 1983   | M40    |                                   |
| 147                     | 119          | 28           | 50:39,44 | 112           | Rohn, Lars            | 1987   | M35    |                                   |
| 148                     | 120          | 5            | 50:45,22 | 209           | Berelsmann, Andreas   | 1965   | M60    | TV Georgsmarienhütte              |
| 149                     | 121          | 19           | 51:02,92 | 4505          | Melber, Rene          | 1995   | M30    |                                   |
| 150                     | 122          | 8            | 51:03,89 | 4067          | Sieker, Michael       | 1971   | M55    | SV 28 Wissingen                   |
| 151                     | 29           | 3            | 51:05,87 | 190           | Laermann, Melanie     | 1975   | W50    |                                   |
| 152                     | 123          | 20           | 51:09,71 | 392           | Titkemeier, Daniel    | 1996   | M30    | Stiftung Wadentest                |
| 153                     | 124          | 1            | 51:11,87 | 290           | Hake, Jonas Moritz    | 2010   | MJ U18 |                                   |
| 154                     | 30           | 5            | 51:16,93 | 4506          | Albach, Maike Julia   | 2005   | FRAUEN |                                   |
| 155                     | 125          | 17           | 51:18,94 | 116           | Helms, Julian         | 1984   | M40    | Lotter Lauftreff                  |
| 156                     | 126          | 9            | 51:30,02 | 327           | Jackisch, Uwe         | 1969   | M55    | SV Rasensport DJK Osnabrück e. V. |
| 157                     | 127          | 12           | 51:33,87 | 320           | Brockmeyer, Matthias  | 1977   | M45    | TuS Haste 01                      |
| 158                     | 128          | 10           | 51:37,23 | 149           | Rohr, Joerg           | 1969   | M55    |                                   |
| 159                     | 129          | 20           | 51:38,28 | 431           | Dierker, Tim          | 2006   | MÄNNER |                                   |
| 160                     | 130          | 21           | 51:39,45 | 535           | Fischer, Finn         | 2002   | MÄNNER |                                   |
| 161                     | 131          | 29           | 51:40,41 | 361           | Zarden, Michael       | 1987   | M35    |                                   |
| 162                     | 132          | 21           | 51:41,19 | 395           | Kampioni, Simon       | 1996   | M30    | Stiftung Wadentest                |
| 163                     | 31           | 6            | 51:42,47 | 134           | Rammholdt, Julia      | 1997   | FRAUEN | TV Georgsmarienhütte              |
| 164                     | 133          | 18           | 51:43,60 | 510           | Paterson, Sascha      | 1986   | M40    | VFL Kloster Oesede                |
| 165                     | 134          | 11           | 51:44,50 | 337           | Freker, Rainer        | 1970   | M55    | SG Hankenberge/Wellendorf         |
| 166                     | 135          | 1            | 51:48,69 | 4032          | Schmutte, Timon       | 2007   | MJ U20 | RSConnect                         |
| 167                     | 136          | 12           | 51:50,55 | 192           | Sausmikat, Sascha     | 1968   | M55    | SV Hellern                        |
| 168                     | 137          | 17           | 51:53,33 | 560           | Steingröver, Ralf     | 1973   | M50    | TV Georgsmarienhütte              |
| 169                     | 138          | 22           | 52:03,87 | 4033          | Jäschke, Mathis       | 2004   | MÄNNER | RSConnect                         |
| 170                     | 139          | 22           | 52:07,82 | 412           | Krause, Patrick       | 1993   | M30    | Feuerwehr Lengerich Fit for Fire  |
| 171                     | 140          | 13           | 52:13,51 | 4051          | Lipski, Tomasz        | 1979   | M45    | Polnische Adler                   |
| 172                     | 141          | 1            | 52:16,39 | 487           | Timmermeister, Jochen | 1958   | M65    |                                   |
| 173                     | 142          | 14           | 52:17,88 | 515           | Heitmeyer, Christian  | 1979   | M45    | TuS Borgloh                       |
| 174                     | 143          | 2            | 52:21,61 | 402           | Grundke, Lennard      | 2007   | MJ U20 |                                   |
| 175                     | 144          | 13           | 52:27,50 | 370           | Peter, Ansgar         | 1968   | M55    |                                   |
| 176                     | 145          | 15           | 52:29,31 | 426           | Gantschnig, Andreas   | 1981   | M45    |                                   |
| 177                     | 146          | 23           | 52:30,22 | 538           | Bendlage, Justus      | 2006   | MÄNNER |                                   |
| 178                     | 147          | 19           | 52:41,21 | 292           | Mentrup, Michael      | 1985   | M40    |                                   |
| 179                     | 32           | 4            | 52:46,75 | 4061          | Westphal, Melanie     | 1978   | W45    |                                   |

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| Ges.-<br>Platz          | MW-<br>Platz | AK-<br>Platz | Laufzeit | Start-<br>Nr. | Name, Vorname          | Jahrg. | AK     | Verein                |
|-------------------------|--------------|--------------|----------|---------------|------------------------|--------|--------|-----------------------|
| <b>"Hauptlauf 10km"</b> |              |              |          |               |                        |        |        |                       |
| 180                     | 148          | 18           | 52:47,56 | 4060          | Westphal, Maik         | 1974   | M50    |                       |
| 181                     | 149          | 16           | 52:48,87 | 4052          | Brockmann, Torsten     | 1977   | M45    | Münster               |
| 182                     | 33           | 7            | 52:58,82 | 4056          | Vonhusen, Annika       | 2001   | FRAUEN |                       |
| 183                     | 150          | 30           | 53:03,01 | 362           | Peuker, Simon          | 1991   | M35    |                       |
| 184                     | 34           | 8            | 53:08,01 | 106           | Pantke, Nathalie       | 1998   | FRAUEN |                       |
| 185                     | 151          | 14           | 53:10,97 | 524           | Tubbesing, Stephan     | 1970   | M55    | SG Stern Bielefeld    |
| 186                     | 152          | 19           | 53:13,02 | 4502          | Trentmann, Sven        | 1975   | M50    | Die Flitzpiepe        |
| 187                     | 153          | 31           | 53:15,26 | 403           | Schulhoff, Maik        | 1987   | M35    |                       |
| 188                     | 154          | 2            | 53:20,76 | 4016          | Arenov, Tanirbergen    | 2009   | MJ U18 |                       |
| 189                     | 35           | 9            | 53:21,93 | 536           | Brink, Enya            | 2005   | FRAUEN |                       |
| 190                     | 155          | 24           | 53:30,11 | 138           | Moro, Thomas           | 2000   | MÄNNER |                       |
| 191                     | 36           | 5            | 54:04,54 | 4041          | Gerdes, Lena           | 1994   | W30    |                       |
| 192                     | 156          | 20           | 54:14,50 | 4024          | Tinnefeld, Jens        | 1972   | M50    |                       |
| 193                     | 157          | 23           | 54:18,77 | 4013          | Heuer, Joel            | 1994   | M30    |                       |
| 194                     | 158          | 15           | 54:26,65 | 4044          | Drescher, Jens         | 1969   | M55    |                       |
| 195                     | 159          | 25           | 54:30,10 | 547           | Herrmann, Max          | 1998   | MÄNNER |                       |
| 196                     | 37           | 10           | 54:30,71 | 4069          | Danckert, Nele         | 1999   | FRAUEN |                       |
| 197                     | 38           | 6            | 54:39,86 | 485           | Gerling, Anne          | 1996   | W30    |                       |
| 198                     | 160          | 20           | 54:45,52 | 459           | Callesen, Niels        | 1986   | M40    |                       |
| 199                     | 161          | 6            | 54:51,23 | 242           | Nierste, Rüdiger       | 1964   | M60    | IT-Provide            |
| 200                     | 39           | 7            | 54:57,28 | 454           | Götz, Luzie            | 1996   | W30    |                       |
| 201                     | 162          | 24           | 55:09,74 | 4000          | Murray, Anthony        | 1992   | M30    |                       |
| 202                     | 163          | 26           | 55:13,32 | 266           | Kirchner, Justus       | 1998   | MÄNNER |                       |
| 203                     | 40           | 2            | 55:18,17 | 260           | Salzbrunn, Emma        | 2008   | WJ U20 | TV Mettingen          |
| 204                     | 164          | 17           | 55:37,55 | 346           | Mirza, Adam            | 1981   | M45    |                       |
| 205                     | 41           | 3            | 55:42,12 | 285           | Heitmeyer, Hanna       | 2007   | WJ U20 | OTB Osnabrück         |
| 206                     | 165          | 7            | 55:48,41 | 259           | Salzbrunn, Stefan      | 1965   | M60    | TV Mettingen          |
| 207                     | 42           | 5            | 55:49,87 | 124           | Düsing, Veronika       | 1980   | W45    |                       |
| 208                     | 43           | 1            | 55:58,20 | 356           | Dohmann, Andrea        | 1969   | W55    |                       |
| 209                     | 166          | 16           | 56:04,34 | 367           | Werring, Jürgen        | 1967   | M55    | LT P+J Lohne          |
| 210                     | 167          | 27           | 56:10,72 | 4055          | Schnipper, Jean-Luc    | 2002   | MÄNNER |                       |
| 211                     | 44           | 10           | 56:17,47 | 436           | Schriever, Mareike     | 1990   | W35    |                       |
| 212                     | 168          | 25           | 56:18,53 | 308           | Enneking, Nils         | 1996   | M30    | HLB Klein Mönstermann |
| 213                     | 45           | 11           | 56:19,27 | 4074          | Terme, Alexandra       | 1987   | W35    |                       |
| 214                     | 46           | 11           | 56:24,47 | 513           | Holkenbrink, Lea       | 1997   | FRAUEN |                       |
| 215                     | 47           | 12           | 56:25,83 | 301           | Heinke, Anna-Katharina | 2005   | FRAUEN |                       |
| 216                     | 48           | 13           | 56:26,60 | 441           | Stenzel, Emily         | 2003   | FRAUEN |                       |
| 217                     | 49           | 6            | 56:40,03 | 122           | Hammerlage, Christina  | 1984   | W40    |                       |
| 218                     | 50           | 14           | 56:45,13 | 495           | Licher, Alena          | 2003   | FRAUEN |                       |
| 219                     | 51           | 6            | 56:49,79 | 249           | Wilken, Bettina        | 1980   | W45    | TSV Riemsloh          |
| 220                     | 169          | 21           | 56:51,14 | 4004          | Rubel, Jörn            | 1986   | M40    |                       |
| 221                     | 170          | 28           | 56:55,92 | 4054          | Hülsmann, Frank        | 2001   | MÄNNER |                       |
| 222                     | 52           | 7            | 57:02,08 | 229           | Conrads, Uta           | 1979   | W45    | TSG 07 Burg Getesch   |
| 223                     | 171          | 1            | 57:08,40 | 227           | Bäumker, Wolfgang      | 1955   | M70    | TuS Glane             |
| 224                     | 53           | 2            | 57:10,13 | 523           | Jüttner, Petra         | 1970   | W55    | SG Stern Bielefeld    |

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| Ges.-<br>Platz          | MW-<br>Platz | AK-<br>Platz | Laufzeit   | Start-<br>Nr. | Name, Vorname        | Jahrg. | AK     | Verein                    |
|-------------------------|--------------|--------------|------------|---------------|----------------------|--------|--------|---------------------------|
| <b>"Hauptlauf 10km"</b> |              |              |            |               |                      |        |        |                           |
| 225                     | 54           | 15           | 57:15,67   | 4036          | Menkhau, Rebecca     | 2000   | FRAUEN |                           |
| 226                     | 55           | 16           | 57:16,34   | 4037          | Menkhau, Judith      | 2003   | FRAUEN |                           |
| 227                     | 172          | 21           | 57:26,07   | 255           | Wachsmann, Christian | 1976   | M50    | Die 5 lustigen 3          |
| 228                     | 56           | 3            | 57:37,82   | 311           | Diekmann, Anne       | 1967   | W55    | Jede Oma zählt            |
| 229                     | 57           | 4            | 57:43,20   | 419           | Vogt, Melanie        | 1975   | W50    |                           |
| 230                     | 173          | 18           | 57:47,01   | 4010          | Adler, Milan         | 1977   | M45    |                           |
| 231                     | 58           | 12           | 58:07,85   | 4038          | Ostermeier, Alin     | 1989   | W35    |                           |
| 232                     | 174          | 8            | 58:11,86   | 309           | Joswig, Michael      | 1964   | M60    | HLB Klein Mönstermann     |
| 233                     | 59           | 8            | 58:13,87   | 516           | Lapsien, Jana        | 1996   | W30    |                           |
| 234                     | 60           | 9            | 58:19,05   | 4019          | Hellermann, Laura    | 1992   | W30    |                           |
| 235                     | 175          | 22           | 58:23,33   | 4022          | Knabke, Volker       | 1974   | M50    | KoR                       |
| 236                     | 61           | 4            | 58:27,34   | 325           | Amtsberg, Heike      | 1971   | W55    |                           |
| 237                     | 62           | 13           | 59:14,94   | 4026          | Gornas, Marta        | 1987   | W35    |                           |
| 238                     | 63           | 5            | 59:18,70   | 130           | Schwerdtner, Manuela | 1969   | W55    |                           |
| 239                     | 176          | 23           | 59:26,91   | 4062          | Klein, Jochen        | 1972   | M50    | Hennes on tour            |
| 240                     | 177          | 2            | 59:51,17   | 226           | Kretzschmar, Andreas | 1958   | M65    | Haster Renntner           |
| 241                     | 178          | 26           | 59:53,02   | 398           | Wietheger, Wieland   | 1993   | M30    | Stiftung Wadentest        |
| 242                     | 64           | 17           | 59:54,32   | 350           | Sommer, Carina       | 2000   | FRAUEN |                           |
| 243                     | 65           | 18           | 59:55,69   | 166           | Ahlert, Nadine       | 2002   | FRAUEN |                           |
| 244                     | 66           | 6            | 1:00:04,53 | 315           | Igelbrink, Karin     | 1967   | W55    | TV Georgsmarienhütte      |
| 245                     | 179          | 1            | 1:00:05,50 | 170           | Boberg, Friedel      | 1948   | M75    | TV Georgsmarienhütte      |
| 246                     | 67           | 7            | 1:00:06,36 | 4009          | Jenner, Stefanie     | 1967   | W55    |                           |
| 247                     | 180          | 17           | 1:00:07,49 | 4008          | Jenner, Christian    | 1967   | M55    |                           |
| 248                     | 68           | 4            | 1:00:10,47 | 4508          | Fürstenberg, Sophia  | 2008   | WJ U20 | RSConnect                 |
| 249                     | 181          | 22           | 1:00:11,53 | 212           | Springfeld, Stefan   | 1982   | M40    | ASICS FrontRunner Germany |
| 250                     | 69           | 1            | 1:00:12,37 | 303           | Lammers, Cara        | 2010   | WJ U18 |                           |
| 251                     | 70           | 10           | 1:00:20,65 | 393           | Coordes, Ramona      | 1995   | W30    | Stiftung Wadentest        |
| 252                     | 71           | 8            | 1:00:26,97 | 302           | Lammers, Marit       | 1980   | W45    |                           |
| 253                     | 182          | 23           | 1:00:28,11 | 4007          | Bukhari, Kazim       | 1984   | M40    |                           |
| 254                     | 72           | 19           | 1:00:37,55 | 549           | Braun Rodriguez, Lea | 2001   | FRAUEN |                           |
| 255                     | 183          | 32           | 1:01:39,75 | 479           | Kleine, Christian    | 1988   | M35    | VOXRUNNERS                |
| 256                     | 73           | 14           | 1:02:11,83 | 4087          | Barzewski, Katrin    | 1991   | W35    |                           |
| 257                     | 74           | 11           | 1:02:20,11 | 4011          | Wittenbrock, Carolin | 1995   | W30    |                           |
| 258                     | 184          | 3            | 1:02:46,80 | 4027          | Tüpker, Frank-Dieter | 1961   | M65    |                           |
| 259                     | 75           | 12           | 1:02:58,46 | 157           | Ludi, Anabelle       | 1995   | W30    |                           |
| 260                     | 185          | 9            | 1:03:23,57 | 191           | Hölscher, Alfons     | 1964   | M60    |                           |
| 261                     | 76           | 1            | 1:03:27,50 | 241           | Brömstrup, Ramilja   | 1952   | W70    | OTB Osnabrück             |
| 262                     | 77           | 13           | 1:03:32,06 | 187           | Karrenbrock, Ilka    | 1992   | W30    | Zur Not ganz langsam      |
| 263                     | 78           | 2            | 1:03:33,48 | 4065          | Klein, Marlene       | 2009   | WJ U18 |                           |
| 264                     | 79           | 3            | 1:03:33,81 | 4063          | Kotzek, Milena       | 2009   | WJ U18 |                           |
| 265                     | 80           | 7            | 1:03:47,96 | 221           | Gerling, Stefanie    | 1985   | W40    |                           |
| 266                     | 186          | 24           | 1:03:49,23 | 287           | Terme, Uwe           | 1983   | M40    |                           |
| 267                     | 187          | 25           | 1:04:44,71 | 265           | Weber, Marc          | 1985   | M40    |                           |
| 268                     | 188          | 26           | 1:04:46,74 | 345           | Schmidt, André       | 1982   | M40    |                           |
| 269                     | 189          | 10           | 1:05:40,59 | 507           | Krone, Stephan       | 1965   | M60    | TSG 07 Burg Gretesch      |

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| Ges.-<br>Platz          | MW-<br>Platz | AK-<br>Platz | Laufzeit   | Start-<br>Nr. | Name, Vorname         | Jahrg. | AK     | Verein                                 |
|-------------------------|--------------|--------------|------------|---------------|-----------------------|--------|--------|--|
| <b>"Hauptlauf 10km"</b> |              |              |            |               |                       |        |        |  |
| 270                     | 81           | 1            | 1:05:53,75 | 506           | Krone, Gabriele       | 1966   | W60    | TSG07 Burg Gretesch                    |
| 271                     | 82           | 20           | 1:06:03,63 | 4046          | Abdul-Kader, Mona     | 1997   | FRAUEN |  |
| 272                     | 190          | 11           | 1:06:45,60 | 1516          | Beckwermert, Ulrich   | 1964   | M60    |  |
| 273                     | 83           | 15           | 1:06:47,56 | 251           | Schrick, Desiree      | 1990   | W35    |  |
| 274                     | 84           | 5            | 1:06:52,65 | 4066          | Sieker, Johanna       | 2008   | WJ U20 |  |
| 275                     | 85           | 4            | 1:06:53,32 | 4064          | Kinzel, Finja         | 2009   | WJ U18 |  |
| 276                     | 191          | 27           | 1:07:03,68 | 103           | Bielefeld, Fabian     | 1994   | M30    | heute SAFE                             |
| 277                     | 192          | 33           | 1:08:09,10 | 4086          | Siedler, Thomas       | 1989   | M35    |  |
| 278                     | 193          | 29           | 1:08:59,76 | 4048          | Huossien, Moaz        | 1998   | MÄNNER | Piepenbrock Laufteam                   |
| 279                     | 194          | 27           | 1:09:30,10 | 126           | Brümmerstedt, Jan     | 1986   | M40    |  |
| 280                     | 86           | 21           | 1:09:33,13 | 4094          | Borgmann, Maxime Cara | 2004   | FRAUEN |  |
| 281                     | 87           | 22           | 1:09:36,19 | 4045          | Sancak, Yoncagül      | 1997   | FRAUEN |  |
| 282                     | 88           | 14           | 1:10:10,80 | 4017          | Schönebeck, Kathrin   | 1992   | W30    |  |
| 283                     | 195          | 12           | 1:10:26,27 | 380           | Gollub, Andreas       | 1966   | M60    | TuS Borgloh / Trail Team Osnab<br>rück |
| 284                     | 89           | 23           | 1:11:12,18 | 453           | Hartlieb, Paulina     | 1997   | FRAUEN |  |
| 285                     | 90           | 24           | 1:11:13,43 | 4072          | Wagener, Vanya        | 1997   | FRAUEN |  |
| 286                     | 91           | 15           | 1:12:55,69 | 4800          | Dydyk, Rebecca        | 1994   | W30    |  |
| 287                     | 92           | 16           | 1:13:31,49 | 4015          | Heller, Judith        | 1993   | W30    |  |
| 288                     | 196          | 28           | 1:13:32,40 | 4504          | Hörnschemeyer, Markus | 1983   | M40    | HHO-Runners                            |
| 289                     | 197          | 18           | 1:14:24,41 | 4503          | Hagen, Heinz          | 1967   | M55    | HHO-Runners                            |
| 290                     | 93           | 8            | 1:19:32,00 | 247           | von Hollen, Kerstin   | 1967   | W55    |  |

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