

| Platz | Name, Vorname | Jahrg. | AK | Gesamt | 6 aus 10 | Läu fe | VEC | DÜM | DAC | DIN | MÜH | LGF | LOH | BRO | STF | DAS | Verein |
|-----------------------------------------|------------------------|--------|--------|--------|----------|--------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|--------------------------|
| | | | | | | | | | | | | | | | | | |
| männliche Kinder U12 10+11 Jahre | | | | | | | | | | | | | | | | | |
| 1 | HÜTTEMEYER, MIKE | 2013 | MK U12 | 50 | --- | 1 | 50m | | | | | | | | | | Gymnasium Antonianum |
| männliche Kinder U12 10+11 J | | | | | | Anzahl Teilnehmer: | 1 | 1 | | | | | | | | | |
| männliche Jugend U14 12+13 Jahre | | | | | | | | | | | | | | | | | |
| 1 | OGURI, RICHARD | 2011 | MJ U14 | 50 | --- | 1 | 50m | | | | | | | | | | Gymnasium Antonianum |
| männliche Jugend U14 12+13 | | | | | | Anzahl Teilnehmer: | 1 | 1 | | | | | | | | | |
| männliche Jugend U16 14+15 Jahre | | | | | | | | | | | | | | | | | |
| 1 | GREVE, CHRISTOPHER | 2010 | MJ U16 | 50 | --- | 1 | 50m | | | | | | | | | | |
| 2 | PENAYO, PABLO | 2009 | MJ U16 | 49 | --- | 1 | 49m | | | | | | | | | | Gymnasium Antonianum |
| 3 | WIECHMANN, LASSE | 2009 | MJ U16 | 48 | --- | 1 | 48m | | | | | | | | | | Gymnasium Antonianum |
| männliche Jugend U16 14+15 | | | | | | Anzahl Teilnehmer: | 3 | 3 | | | | | | | | | |
| Männer 18+19 Jahre | | | | | | | | | | | | | | | | | |
| 1 | SPILLE, BENNO | 2005 | MJ U20 | 50 | --- | 1 | 50m | | | | | | | | | | |
| 2 | WILLENBORG, PAUL | 2005 | MJ U20 | 49 | --- | 1 | 49m | | | | | | | | | | Warnking Elektrotechnik |
| 3 | LÜERS, GERO | 2005 | MJ U20 | 48 | --- | 1 | 48m | | | | | | | | | | Warnking Elektrotechnik |
| Männer 18+19 Jahre | | | | | | Anzahl Teilnehmer: | 3 | 3 | | | | | | | | | |
| Männer 20 - 29 Jahre | | | | | | | | | | | | | | | | | |
| 1 | FANGMANN, STEFAN | 1995 | MÄNNER | 50 | --- | 1 | 50 | | | | | | | | | | Hannover 96 |
| 2 | SKRZIPCZYK, ERIK | 2004 | MÄNNER | 49 | --- | 1 | 49m | | | | | | | | | | TuS Lutten |
| 3 | PESTKOWSKI, ALEXANDER | 1997 | MÄNNER | 49 | --- | 1 | 49 | | | | | | | | | | |
| 4 | SCHILLMÖLLER, LENNARD | 1998 | MÄNNER | 48 | --- | 1 | 48m | | | | | | | | | | |
| 5 | GRUSCHKA, JANNIS | 1999 | MÄNNER | 48 | --- | 1 | 48 | | | | | | | | | | Gräfe an Elia |
| 6 | WÖHRMANN, HENNING | 1999 | MÄNNER | 47 | --- | 1 | 47 | | | | | | | | | | |
| 7 | HEINRICH, JULIAN | 1999 | MÄNNER | 47 | --- | 1 | 47m | | | | | | | | | | |
| 8 | MILLER, DANIEL | 2004 | MÄNNER | 46 | --- | 1 | 46 | | | | | | | | | | |
| 9 | DREYER, STEPHAN | 2001 | MÄNNER | 46 | --- | 1 | 46m | | | | | | | | | | TuS Lutten |
| 10 | WITTE, MAXIMILIAN | 1996 | MÄNNER | 45 | --- | 1 | 45m | | | | | | | | | | |
| 11 | KLEINE SEXTRO, ANDREAS | 1995 | MÄNNER | 45 | --- | 1 | 45 | | | | | | | | | | |
| 12 | KENNEWEG, PHILLIP | 1995 | MÄNNER | 44 | --- | 1 | 44m | | | | | | | | | | Landkreis Vechta Laufgru |
| 13 | HOFFMANN, DENNIS | 1996 | MÄNNER | 44 | --- | 1 | 44 | | | | | | | | | | |
| 14 | STEINKAMP, JANNIK | 2004 | MÄNNER | 43 | --- | 1 | 43 | | | | | | | | | | OSC Damme |
| 15 | ISIK, MALIK | 2001 | MÄNNER | 43 | --- | 1 | 43m | | | | | | | | | | |
| 16 | GASHI, DENIS | 1998 | MÄNNER | 42 | --- | 1 | 42m | | | | | | | | | | |
| 17 | BART, ANTONIO | 1999 | MÄNNER | 42 | --- | 1 | 42 | | | | | | | | | | |
| 18 | WITTE, MARCO | 1998 | MÄNNER | 41 | --- | 1 | 41m | | | | | | | | | | |
| 19 | GROOTHUS, JONAS | 2000 | MÄNNER | 41 | --- | 1 | 41 | | | | | | | | | | |
| 20 | GIUSTINO, JULIAN | 1995 | MÄNNER | 40 | --- | 1 | 40m | | | | | | | | | | |
| 21 | STÄRK, JUSTUS | 1999 | MÄNNER | 39 | --- | 1 | 39m | | | | | | | | | | |
| 22 | WICHMANN, FRANZ | 2000 | MÄNNER | 38 | --- | 1 | 38m | | | | | | | | | | |
| 23 | HOSSEINI, HOSSEIN | 2003 | MÄNNER | 37 | --- | 1 | 37m | | | | | | | | | | |
| 24 | KENNEWEG, FINN | 1998 | MÄNNER | 36 | --- | 1 | 36m | | | | | | | | | | GIGANT |
| 25 | BÖSKE, THEO | 2004 | MÄNNER | 35 | --- | 1 | 35m | | | | | | | | | | Warnking Elektrotechnik |

| Platz | Name, Vorname | Jahrg. | AK | Gesamt | 6 aus 10 | Läu | | | | | | | | | | Verein | |
|----------------------|-----------------------|--------------------|------|--------|----------|-----|------|-----|-----|-----|-----|-----|-----|-----|-----|--------|-------------------------|
| | | | | | | fe | VEC | DÜM | DAC | DIN | MÜH | LGF | LOH | BRO | STF | | DAS |
| 14 | FREKING, MANUEL | 1989 | M 35 | 44 | --- | 1 | 44m | | | | | | | | | | GIGANT |
| 15 | KUSMIN, ALEXANDER | 1989 | M 35 | 43 | --- | 1 | 43 I | | | | | | | | | | |
| 16 | DRUNAGEL, DANIEL | 1987 | M 35 | 43 | --- | 1 | 43m | | | | | | | | | | Warnking Elektrotechnik |
| 17 | SCHWÄRTER, JAN-BERND | 1989 | M 35 | 42 | --- | 1 | 42 I | | | | | | | | | | Flinke Beinchen |
| 18 | KISSE, CHRISTOPH | 1986 | M 35 | 42 | --- | 1 | 42m | | | | | | | | | | SV Barver Running Crew |
| 19 | SÜDKAMP, LARS | 1989 | M 35 | 41 | --- | 1 | 41 I | | | | | | | | | | |
| 20 | JONGEBLOED, JAN BERND | 1988 | M 35 | 41 | --- | 1 | 41m | | | | | | | | | | |
| 21 | KEKSTADT, MARCEL | 1985 | M 35 | 40 | --- | 1 | 40 I | | | | | | | | | | ForFarmers |
| 22 | BÜSSING, BERND | 1985 | M 35 | 40 | --- | 1 | 40m | | | | | | | | | | |
| 23 | WEUSTERMANN, TIM | 1987 | M 35 | 39 | --- | 1 | 39m | | | | | | | | | | BW Langförden |
| 24 | LAMPE, SASCHA | 1989 | M 35 | 39 | --- | 1 | 39 I | | | | | | | | | | |
| Männer 35 - 39 Jahre | | Anzahl Teilnehmer: | | 24 | | | 24 | | | | | | | | | | |

Männer 40 - 44 Jahre

| | | | | | | | | | | | | | | | | | |
|----------------------|------------------------|--------------------|------|----|-----|---|------|--|--|--|--|--|--|--|--|--|--------------------------|
| 1 | ULBRICH, LARS | 1984 | M 40 | 50 | --- | 1 | 50m | | | | | | | | | | |
| 2 | BRÖRING, ANDREAS | 1980 | M 40 | 50 | --- | 1 | 50 I | | | | | | | | | | TuS BW Lohne Leichtathl |
| 3 | NÜSSE, STEFAN | 1983 | M 40 | 49 | --- | 1 | 49 I | | | | | | | | | | BW Lohne Triathlon |
| 4 | HINTZE, BENEDIKT | 1981 | M 40 | 49 | --- | 1 | 49m | | | | | | | | | | TuS BW Lohne Leichtathl |
| 5 | SCHMITT, MARK | 1982 | M 40 | 48 | --- | 1 | 48m | | | | | | | | | | |
| 6 | EWEST, MARIUS | 1980 | M 40 | 48 | --- | 1 | 48 I | | | | | | | | | | Landkreis Vechta Laufgru |
| 7 | WADULLA, DAWID | 1982 | M 40 | 47 | --- | 1 | 47 I | | | | | | | | | | LT SW Osterfeine |
| 8 | KRUSE, KARSTEN | 1981 | M 40 | 47 | --- | 1 | 47m | | | | | | | | | | |
| 9 | ROLFES, ANDRÉ | 1984 | M 40 | 46 | --- | 1 | 46 I | | | | | | | | | | Lauftreff 2.Kp Südlohne |
| 10 | BECKER, STEFAN | 1982 | M 40 | 46 | --- | 1 | 46m | | | | | | | | | | Holzrausch |
| 11 | WALBRÄUHL, SEBASTIAN | 1982 | M 40 | 45 | --- | 1 | 45 I | | | | | | | | | | Endmoräne Kroge Ehrend |
| 12 | PETERS, JENS | 1980 | M 40 | 45 | --- | 1 | 45m | | | | | | | | | | Sc Bakum |
| 13 | MEYER, DENNIS | 1980 | M 40 | 44 | --- | 1 | 44 I | | | | | | | | | | KMH & friends |
| 14 | HANSEN, TIMO | 1984 | M 40 | 44 | --- | 1 | 44m | | | | | | | | | | Cuxhaven |
| 15 | WILKENS, CHRISTOPH | 1980 | M 40 | 43 | --- | 1 | 43 I | | | | | | | | | | |
| 16 | WAHMES, STEPHAN | 1980 | M 40 | 43 | --- | 1 | 43m | | | | | | | | | | |
| 17 | UGORETS, LEONID | 1983 | M 40 | 42 | --- | 1 | 42m | | | | | | | | | | |
| 18 | MIDDELBECK, KARSTEN | 1980 | M 40 | 42 | --- | 1 | 42 I | | | | | | | | | | |
| 19 | GEDULDIG, PHILIPP | 1981 | M 40 | 41 | --- | 1 | 41m | | | | | | | | | | M Power |
| 20 | NIEUWENHUIZEN, NICO | 1980 | M 40 | 40 | --- | 1 | 40m | | | | | | | | | | VfL Oythe |
| 21 | KRUSE, TORSTEN | 1984 | M 40 | 39 | --- | 1 | 39m | | | | | | | | | | GIGANT |
| 22 | MARTINEZ, JOSÉ ANTONIO | 1984 | M 40 | 38 | --- | 1 | 38m | | | | | | | | | | Warnking Elektrotechnik |
| 23 | KAPELS, TOBIAS | 1984 | M 40 | 37 | --- | 1 | 37m | | | | | | | | | | |
| Männer 40 - 44 Jahre | | Anzahl Teilnehmer: | | 23 | | | 23 | | | | | | | | | | |

Männer 45 - 49 Jahre

| | | | | | | | | | | | | | | | | | |
|---|-----------------------|------|------|----|-----|---|------|--|--|--|--|--|--|--|--|--|-------------------------|
| 1 | MASCHMEYER, SEBASTIAN | 1978 | M 45 | 50 | --- | 1 | 50m | | | | | | | | | | Bramscher Rumläufer |
| 2 | KAMPERS, STEFAN | 1977 | M 45 | 50 | --- | 1 | 50 I | | | | | | | | | | TuS BW Lohne Leichtathl |
| 3 | SCHULTE, FRANK | 1977 | M 45 | 49 | --- | 1 | 49 I | | | | | | | | | | SV Höltinghausen |
| 4 | HANNÖVER, PHILIPP | 1979 | M 45 | 49 | --- | 1 | 49m | | | | | | | | | | SV Bethen Lauftreff |
| 5 | SANFTENBERG, TINO | 1979 | M 45 | 48 | --- | 1 | 48 I | | | | | | | | | | MSG Harpendorf-DÄ¼pe |

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|-----------------------------|-------------------------|--------------------|------|--------|----------|-----------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-------------------------|
| | | | | | | | VEC | DÜM | DAC | DIN | MÜH | LGF | LOH | BRO | STF | DAS | |
| 11 | SCHOCKEMOEHLE, THORSTEN | 1968 | M 55 | 45 | --- | 1 | 45 I | | | | | | | | | | GW Mühlen |
| 12 | MEYER, BERNHARD | 1969 | M 55 | 44 | --- | 1 | 44 I | | | | | | | | | | Ginos Lauf Treff |
| 13 | SCHUMACHER, ULRICH | 1965 | M 55 | 43 | --- | 1 | 43 I | | | | | | | | | | Lauftreff VfR-Voxtrup |
| 14 | MIDDENDORF, STEPHAN | 1965 | M 55 | 42 | --- | 1 | 42 I | | | | | | | | | | Lauftreff Hausstette |
| Männer 55 - 59 Jahre | | Anzahl Teilnehmer: | | 14 | | | 14 | | | | | | | | | | |
| Männer 60 - 64 Jahre | | | | | | | | | | | | | | | | | |
| 1 | NOFFZ, ALFRED | 1962 | M 60 | 50 | --- | 1 | 50m | | | | | | | | | | Bünde |
| 2 | SCHULING, REINHOLD | 1963 | M 60 | 49 | --- | 1 | 49m | | | | | | | | | | LT Hausstette |
| Männer 60 - 64 Jahre | | Anzahl Teilnehmer: | | 2 | | | 2 | | | | | | | | | | |
| Männer 65 - 69 Jahre | | | | | | | | | | | | | | | | | |
| 1 | MÖLLMANN, WERNER | 1957 | M 65 | 50 | --- | 1 | 50 I | | | | | | | | | | OSC Damme |
| 2 | KNABE, WOLFGANG | 1959 | M 65 | 50 | --- | 1 | 50m | | | | | | | | | | OSC Damme |
| 3 | KRAUSE, PETER | 1955 | M 65 | 49 | --- | 1 | 49 I | | | | | | | | | | |
| Männer 65 - 69 Jahre | | Anzahl Teilnehmer: | | 3 | | | 3 | | | | | | | | | | |
| Männer 70 - 74 Jahre | | | | | | | | | | | | | | | | | |
| 1 | ROHNSTOCK, RAINER | 1952 | M 70 | 50 | --- | 1 | 50m | | | | | | | | | | BW Langförden |
| 2 | GESKE, HEINER | 1954 | M 70 | 50 | --- | 1 | 50 I | | | | | | | | | | TuS Neuenkirchen |
| 3 | SPIEGEL, EGON | 1952 | M 70 | 49 | --- | 1 | 49m | | | | | | | | | | |
| Männer 70 - 74 Jahre | | Anzahl Teilnehmer: | | 3 | | | 3 | | | | | | | | | | |
| Männer 75 - 79 Jahre | | | | | | | | | | | | | | | | | |
| 1 | WULF, FRANZ | 1949 | M 75 | 50 | --- | 1 | 50m | | | | | | | | | | LT Waldschleicher Lohne |
| Männer 75 - 79 Jahre | | Anzahl Teilnehmer: | | 1 | | | 1 | | | | | | | | | | |

6 aus 10: Jede Wertung (MW und AK) holt die für sich besten 6 Ergebnisse aus allen absolvierten Läufen.

Buchstaben hinter Wertungspunkt: k = Kurz-, m = Mittel-, l = Langstrecke, h = Halbmarathon

Bei Punktgleichheit: 1. bessere Wertung beim letzten gemeinsamen Lauf mit gleicher Laufstrecke (k,m,l,h)
oder
2. höhere Anzahl längerer Laufstrecken bei allen 10 Volksläufen.