

## Ergebnisse 10,65 km, 2019

| Platz ges. | Start Nr. | Vorname, Name        | Verein                  | Jahrgang | AK     | Geschl. | Zeit         | Platz M | Platz W | Platz AK |
|------------|-----------|----------------------|-------------------------|----------|--------|---------|--------------|---------|---------|----------|
| 1          | 694       | Viktor Kuk           | CleverFit Damme         | 1989     | M30    | M       | 00:37:16.560 | 1       |         | 1        |
| 2          | 647       | Andreas Bröring      | Team ultraSPORTS        | 1980     | M35    | M       | 00:38:51.057 | 2       |         | 1        |
| 3          | 681       | Lars Rolfes          | OSC Damme               | 1997     | M      | M       | 00:39:33.929 | 3       |         | 1        |
| 4          | 706       | Sascha Krietenstein  | SC Hille                | 1973     | M45    | M       | 00:41:20.408 | 4       |         | 1        |
| 5          | 703       | Sebastian Maschmeyer | Bramscher Rumläufer     | 1978     | M40    | M       | 00:41:46.416 | 5       |         | 1        |
| 6          | 638       | Elmar Remus          | Bramscher Rumläufer     | 1978     | M40    | M       | 00:42:11.291 | 6       |         | 2        |
| 7          | 699       | Stefan Fangmann      | AthletikOne             | 1995     | M      | M       | 00:42:24.898 | 7       |         | 2        |
| 8          | 648       | Pier Ganseuer        | PundM Running           | 1990     | M      | M       | 00:43:48.158 | 8       |         | 3        |
| 9          | 832       | Katharina Stark      | Lohne/ WOB              | 1992     | W      | W       | 00:43:56.434 |         | 1       | 1        |
| 10         | 684       | Eugen Schlegel       | Vechta                  | 1986     | M30    | M       | 00:44:25.297 | 9       |         | 2        |
| 11         | 670       | Frank Mertins        | ohne                    | 1978     | M40    | M       | 00:45:19.082 | 10      |         | 3        |
| 12         | 666       | Inga Hintze          | TuS BW Lohne Triathlon  | 1981     | W35    | W       | 00:45:48.090 |         | 2       | 1        |
| 13         | 601       | Manfred Ochsenfahrt  | TVDinklage              | 1961     | M55    | M       | 00:45:53.964 | 11      |         | 1        |
| 14         | 856       | Hendrick Abeln       | TuS BW Lohne Triathlon  | 1973     | M45    | M       | 00:46:00.075 | 12      |         | 2        |
| 15         | 685       | Johannes Meyer       | BW Lohne                | 1991     | M      | M       | 00:46:25.974 | 13      |         | 4        |
| 16         | 631       | Robin Bohne          | Bohne Crew Holdorf      | 2002     | MK J18 | M       | 00:46:38.567 | 14      |         | 1        |
| 17         | 867       | Christian Röhling    | Steinfeld               | 1981     | M35    | M       | 00:46:43.045 | 15      |         | 2        |
| 18         | 606       | Dawid Wadulla        | Lauftreff SW Osterfeine | 1982     | M35    | M       | 00:46:43.983 | 16      |         | 3        |
| 19         | 658       | Jürgen Hoping        | Lohne                   | 1965     | M50    | M       | 00:46:56.637 | 17      |         | 1        |
| 20         | 640       | Martin Linkemeyer    | OFV Ostercappeln        | 1965     | M50    | M       | 00:47:22.011 | 18      |         | 2        |
| 21         | 673       | Johannes Dreyer      | Lutten                  | 1967     | M50    | M       | 00:47:47.618 | 19      |         | 3        |
| 22         | 705       | Daniel Triller       | SFN-Vechta              | 2002     | MK J18 | M       | 00:47:50.674 | 20      |         | 2        |
| 23         | 870       | Elmar Friedrich      | ohne                    | 1983     | M35    | M       | 00:48:11.756 | 21      |         | 4        |
| 24         | 622       | Frank Storck         | OSC Damme               | 1971     | M45    | M       | 00:48:13.066 | 22      |         | 3        |
| 25         | 698       | Manfred Kurre        | Bramscher Rumläufer     | 1960     | M55    | M       | 00:48:17.000 | 23      |         | 2        |
| 26         | 618       | Thorsten Macke       | Vechta                  | 1973     | M45    | M       | 00:48:22.894 | 24      |         | 4        |
| 27         | 841       | Florian Bergmann     |                         | 1977     | M40    | M       | 00:48:43.505 | 25      |         | 4        |
| 28         | 646       | Markus Vocks         | SV Handorf Langenberg   | 1975     | M40    | M       | 00:49:05.957 | 26      |         | 5        |

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|------------|-----------|----------------------|--------------------------|----------|--------|---------|--------------|---------|---------|----------|
| 29         | 805       | Christoph Rickelmann | Holdorf                  | 1984     | M35    | M       | 00:49:19.756 | 27      |         | 5        |
| 30         | 850       | Markus Kaufmann      | Lüschke                  | 1981     | M35    | M       | 00:49:39.156 | 28      |         | 6        |
| 31         | 677       | Zoe Schubert         | OSC Damme                | 2002     | WK J18 | W       | 00:50:15.850 |         | 3       | 1        |
| 32         | 686       | Lars Wiebke          | TuS Jahn Werdohl         | 1974     | M45    | M       | 00:50:24.043 | 29      |         | 5        |
| 33         | 866       | Stefan Pille         | Vechta                   | 1977     | M40    | M       | 00:50:33.537 | 30      |         | 6        |
| 34         | 709       | Sören Knopp          | Laufen gegen Leiden e.V. | 1976     | M40    | M       | 00:50:57.149 | 31      |         | 7        |
| 35         | 612       | Christiane Höne      | Bakum                    | 1988     | W30    | W       | 00:51:02.025 |         | 4       | 1        |
| 36         | 853       | Silvia Koditek       | LT Waldschleicher Lohne  | 1964     | W55    | W       | 00:51:02.555 |         | 5       | 1        |
| 37         | 610       | Harald Nehls         | TuS Bersenbrück          | 1960     | M55    | M       | 00:51:03.101 | 32      |         | 3        |
| 38         | 652       | Andreas Meyer        | DUV                      | 1975     | M40    | M       | 00:51:08.143 | 33      |         | 8        |
| 39         | 843       | Johanna Wiefering    | Vechta/ LT Wigger        | 1956     | W60    | W       | 00:51:13.629 |         | 6       | 1        |
| 40         | 600       | Silvia Bultmann      | OSC Damme                | 1959     | W60    | W       | 00:51:23.981 |         | 7       | 2        |
| 41         | 641       | Reinhard Klose       | Team Holdorf-Bahnhof     | 1965     | M50    | M       | 00:51:41.212 | 34      |         | 4        |
| 42         | 842       | Andreas Zobel        | Next Generation          | 1971     | M45    | M       | 00:51:51.870 | 35      |         | 6        |
| 43         | 693       | Elena Gerberding     | CleverFit Damme          | 1994     | W      | W       | 00:51:53.228 |         | 8       | 2        |
| 44         | 851       | Sandra Timphus       | GW Mühlen                | 1971     | W45    | W       | 00:52:05.738 |         | 9       | 1        |
| 45         | 616       | Ludger Nordiek       | Rsc Visbek               | 1967     | M50    | M       | 00:52:42.183 | 36      |         | 5        |
| 46         | 628       | Hendrik Frilling     | LT Gnadenlos             | 1972     | M45    | M       | 00:52:48.494 | 37      |         | 7        |
| 47         | 624       | Mercedes Borak       | Team adidas              | 1990     | W      | W       | 00:53:14.087 |         | 10      | 3        |
| 48         | 662       | Bernhard Meyer       | Gino's Laufteam.         | 1969     | M50    | M       | 00:53:15.772 | 38      |         | 6        |
| 49         | 710       | Michael Landwehr     | Lauftreff SW Osterfeine  | 1974     | M45    | M       | 00:53:40.999 | 39      |         | 8        |
| 50         | 613       | Franz Steinkamp      | Lauftreff SW Osterfeine  | 1967     | M50    | M       | 00:53:41.701 | 40      |         | 7        |
| 51         | 844       | Thomas Stoscen       | Goldenstedt              | 1965     | M50    | M       | 00:53:42.684 | 41      |         | 8        |
| 52         | 679       | Niklas Stärk         | CleverFit Damme          | 1992     | M      | M       | 00:53:56.838 | 42      |         | 5        |
| 53         | 707       | Michael Pohl         | FSG Hagstedt             | 1977     | M40    | M       | 00:53:57.696 | 43      |         | 9        |
| 54         | 702       | Antonius Schröer     | Vechta/LT Osterfeine     | 1961     | M55    | M       | 00:54:05.335 | 44      |         | 4        |
| 55         | 605       | Christian Trumme     | Steinfeld / Harpendorf   | 1974     | M45    | M       | 00:54:08.518 | 45      |         | 9        |
| 56         | 626       | Ruth Oevermann       | Bramscher Rumläufer      | 1972     | W45    | W       | 00:54:10.875 |         | 11      | 2        |

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|------------|-----------|---------------------------|-------------------------|----------|--------|---------|--------------|---------|---------|----------|
| 57         | 700       | Daniel Buschmeyer         | ohne                    | 1981     | M35    | M       | 00:54:36.514 | 46      |         | 7        |
| 58         | 656       | Torsten Brockmann         | Münster                 | 1977     | M40    | M       | 00:54:42.392 | 47      |         | 10       |
| 59         | 653       | Robert Luebbert zur Lage  | Bramsche                | 1965     | M50    | M       | 00:54:50.997 | 48      |         | 9        |
| 60         | 864       | Gisela Bröring            | SFN Vechta              | 1955     | W60    | W       | 00:55:04.166 |         | 12      | 3        |
| 61         | 632       | Frank Bohne               | Bohne Crew Holdorf      | 1969     | M50    | M       | 00:55:23.651 | 49      |         | 10       |
| 62         | 651       | Gerold Rembert Schwarberg | Steinfeld               | 1975     | M40    | M       | 00:55:31.189 | 50      |         | 11       |
| 63         | 869       | Lennart Eichfeld          | SVA                     | 1998     | M      | M       | 00:56:06.594 | 51      |         | 6        |
| 64         | 865       | Hendrik Scheele           | Vechta                  | 1977     | M40    | M       | 00:56:09.752 | 52      |         | 12       |
| 65         | 701       | Markus Holtmeyer          | BW Hollage              | 1970     | M45    | M       | 00:56:12.421 | 53      |         | 10       |
| 66         | 644       | Christian Stelzer         | Osnabrück               | 1973     | M45    | M       | 00:56:17.461 | 54      |         | 11       |
| 67         | 633       | Peter Bekermann           | TuS Bersenbrück         | 1959     | M60    | M       | 00:56:23.751 | 55      |         | 1        |
| 68         | 629       | Theo Mönlich              | SW Osterfeine           | 1964     | M55    | M       | 00:56:25.171 | 56      |         | 5        |
| 69         | 809       | Reinhold Bruse            | SW Osterfeine           | 1964     | M55    | M       | 00:56:26.740 | 57      |         | 6        |
| 70         | 676       | Lasse Minning             | OSC Damme               | 2007     | MK J14 | M       | 00:56:27.600 | 58      |         | 1        |
| 71         | 669       | Ted Mönning               | Burgläufer Dinklage     | 1970     | M45    | M       | 00:56:29.341 | 59      |         | 12       |
| 72         | 615       | Michael Schmedes          | Langförden              | 1976     | M40    | M       | 00:56:55.693 | 60      |         | 13       |
| 73         | 689       | Sonja Goeke               | Quakenbrücker SC 99     | 1973     | W45    | W       | 00:57:00.709 |         | 13      | 3        |
| 74         | 643       | Angelika Schulte-Stelzer  | Feminin aktiv           | 1975     | W40    | W       | 00:57:08.091 |         | 14      | 1        |
| 75         | 692       | Renate Korte              | TV Dinklage-Burgläufer  | 1970     | W45    | W       | 00:57:33.020 |         | 15      | 4        |
| 76         | 649       | Simon Eichfeld            | Rico' s Muscle-Gym      | 1996     | M      | M       | 00:57:34.190 | 61      |         | 7        |
| 77         | 854       | Thomas Grave              | Burgläufer Dinklage     | 1967     | M50    | M       | 00:57:38.578 | 62      |         | 11       |
| 78         | 680       | Katharina Kudrisc         | CleverFit Damme         | 1996     | W      | W       | 00:57:41.435 |         | 16      | 4        |
| 79         | 691       | Christian Glandorf        | SV Handorf-Langenberg   | 1982     | M35    | M       | 00:57:45.053 | 63      |         | 8        |
| 80         | 671       | Sina Steinfeld            | Essen (Oldenburg)       | 1992     | W      | W       | 00:57:51.336 |         | 17      | 5        |
| 81         | 634       | Olaf Krüger               | Privat                  | 1968     | M50    | M       | 00:57:57.241 | 64      |         | 12       |
| 82         | 672       | Gaby Dreyer               | Lutten                  | 1970     | W45    | W       | 00:58:01.861 |         | 18      | 5        |
| 83         | 852       | Silke Dahlke              | LT Waldschleicher Lohne | 1968     | W50    | W       | 00:58:21.954 |         | 19      | 1        |
| 84         | 663       | richard decker            | laufftreff SWOsterfeine | 1963     | M55    | M       | 00:58:27.417 | 65      |         | 7        |

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|------------|-----------|----------------------|-------------------------|----------|-----|---------|--------------|---------|---------|----------|
| 85         | 604       | Jörg Runnebom        | GW Mühlen               | 1973     | M45 | M       | 00:58:29.601 | 66      |         | 13       |
| 86         | 621       | Udo Eveslage         | LT Bahndammexpress      | 1970     | M45 | M       | 00:58:30.445 | 67      |         | 14       |
| 87         | 863       | Stephan Brauv        |                         | 1966     | M50 | M       | 00:58:36.111 | 68      |         | 13       |
| 88         | 848       | Luisa Götting        | LT Waldschleicher Lohne | 1995     | W   | W       | 00:59:02.927 |         | 20      | 6        |
| 89         | 849       | Tobias Hermes        | GW Brockdorf            | 1994     | M   | M       | 00:59:03.707 | 69      |         | 8        |
| 90         | 840       | Lars Ording          | LT Frisia Goldenstedt   | 1977     | M40 | M       | 00:59:04.783 | 70      |         | 14       |
| 91         | 815       | Friedel Boberg       | TV Georgsmarienhütte    | 1948     | M70 | M       | 00:59:11.943 | 71      |         | 1        |
| 92         | 639       | Jochen Steinkamp     | Lohne                   | 1981     | M35 | M       | 00:59:17.188 | 72      |         | 9        |
| 93         | 846       | Josef Rolfes         | GW Mühlen               | 1963     | M55 | M       | 00:59:28.065 | 73      |         | 8        |
| 94         | 675       | Julia Stach          | SV Holdorf              | 1989     | W30 | W       | 00:59:31.521 |         | 21      | 2        |
| 95         | 835       | Stephan Sommer       | LT DW Haustette         | 1969     | M50 | M       | 00:59:44.291 | 74      |         | 14       |
| 96         | 860       | Jörg Gescher         | Hunteburg               | 1965     | M50 | M       | 00:59:56.166 | 75      |         | 15       |
| 97         | 645       | Tina Vocks           | SV Handorf-Langenberg   | 1978     | W40 | W       | 01:00:02.081 |         | 22      | 2        |
| 98         | 642       | Frank Nordmann       | SW Osterfeine           | 1969     | M50 | M       | 01:00:06.577 | 76      |         | 16       |
| 99         | 683       | Daniela Landwehr     | SV Holdorf              | 1984     | W35 | W       | 01:00:21.834 |         | 23      | 2        |
| 100        | 625       | Uwe Fröhle           | LT Waldschleicher Lohne | 1967     | M50 | M       | 01:00:32.498 | 77      |         | 17       |
| 101        | 623       | Andreas Ostendorf    | Langförden              | 1969     | M50 | M       | 01:00:36.906 | 78      |         | 18       |
| 102        | 607       | Steffie Pöhlking     | Kmh&friends             | 1984     | W35 | W       | 01:00:58.075 |         | 24      | 3        |
| 103        | 620       | Marlies Schürmann    | Bramscher Rumläufer     | 1959     | W60 | W       | 01:01:35.362 |         | 25      | 4        |
| 104        | 859       | Stephanie Birnbacher | Bramscher Rumläufer     | 1977     | W40 | W       | 01:01:35.939 |         | 26      | 3        |
| 105        | 655       | Marina Frerichs      | Schafbrink Runners      | 1979     | W40 | W       | 01:02:03.253 |         | 27      | 4        |
| 106        | 654       | Thomas Gausmann      | Schafbrink Runners      | 1971     | M45 | M       | 01:02:04.438 | 79      |         | 15       |
| 107        | 704       | Melanie Bösemann     | Burgläufer Dinklage     | 1977     | W40 | W       | 01:02:08.825 |         | 28      | 5        |
| 108        | 682       | Marc Landwehr        | SV Holdorf              | 1982     | M35 | M       | 01:02:19.055 | 80      |         | 10       |
| 109        | 847       | Henri Rolfes         | GW Mühlen               | 1998     | M   | M       | 01:02:44.137 | 81      |         | 9        |
| 110        | 614       | Herbert Eichfeld     | Langförden              | 1965     | M50 | M       | 01:03:07.771 | 82      |         | 19       |
| 111        | 687       | Lothar Thörner       | Osnabrück               | 1954     | M65 | M       | 01:03:36.210 | 83      |         | 1        |
| 112        | 661       | Frank Möllers        | TV Dinklage             | 1972     | M45 | M       | 01:03:41.793 | 84      |         | 16       |

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|------------|-----------|----------------------|-------------------------------|----------|-----|---------|--------------|---------|---------|----------|
| 113        | 839       | Heinrich Klumpe      |                               | 1963     | M55 | M       | 01:03:42.869 | 85      |         | 9        |
| 114        | 619       | Ramona Macke         | Vechta                        | 1977     | W40 | W       | 01:03:47.704 |         | 29      | 6        |
| 115        | 678       | Markus Prüllage      | CleverFit Damme               | 1985     | M30 | M       | 01:04:08.046 | 86      |         | 3        |
| 116        | 829       | Karin Reckziegler    | LT SW Osterfeine              | 1984     | W35 | W       | 01:04:59.956 |         | 30      | 4        |
| 117        | 828       | Stefan Lenger        | Northwood Runners             | 1978     | M40 | M       | 01:05:02.250 | 87      |         | 15       |
| 118        | 845       | Julia Wyduba         | Lauftreff Osterfeine          | 1988     | W30 | W       | 01:05:16.417 |         | 31      | 3        |
| 119        | 650       | Carsten Voß          | Lauf die Hacken ab Lüstringen | 1972     | M45 | M       | 01:05:32.987 | 88      |         | 17       |
| 120        | 862       | Aloysia Dödtmann     | Burgläufer Dinklage           | 1958     | W60 | W       | 01:06:18.885 |         | 32      | 5        |
| 121        | 861       | Ludger Evelslage     | Burgläufer Dinklage           | 1958     | M60 | M       | 01:06:19.650 | 89      |         | 2        |
| 122        | 611       | Joachim von Rekowski | Bohmte                        | 1960     | M55 | M       | 01:06:22.664 | 90      |         | 10       |
| 123        | 868       | Michael Wehring      |                               | 1959     | M60 | M       | 01:06:35.961 | 91      |         | 3        |
| 124        | 696       | Axel Ostendorf       | Ostenberg                     | 1969     | M50 | M       | 01:08:32.416 | 92      |         | 20       |
| 125        | 697       | Nelli Berg           | Ostenberg                     | 1979     | W40 | W       | 01:08:32.915 |         | 33      | 7        |
| 126        | 858       | Annette Tabeling     | Burgläufer Dinklage           | 1965     | W50 | W       | 01:09:51.473 |         | 34      | 2        |
| 127        | 857       | Ansgar Tabeling      | Nurgläufer Dinklage           | 1967     | M50 | M       | 01:09:52.674 | 93      |         | 21       |
| 128        | 659       | Andreas Siemer       | LT Bahndammexpress            | 1971     | M45 | M       | 01:12:32.952 | 94      |         | 18       |
| 129        | 660       | Petra Siemer         | LT Bahndammexpress            | 1970     | W45 | W       | 01:12:33.607 |         | 35      | 6        |
| 130        | 608       | Jacqueline Vitz      | LT Waldschleicher Lohne       | 1997     | W   | W       | 01:18:06.076 |         | 36      | 7        |
| 131        | 690       | Andrea Dierken       | LT Waldschleicher Lohne       | 1976     | W40 | W       | 01:18:07.542 |         | 37      | 8        |
| 132        | 627       | Rainer Espelage      | BWL Waldschleicher Lohne      | 1960     | M55 | M       | 01:18:08.307 | 95      |         | 11       |