

Friesengang 2023 - 08.10.2023

Strecke (km)	Startnummer	Vorname	Name	Jahrgang	Zeit
5,5	5002	Tatjana	Saidakow	1984	00:38:00
5,5	5004	Olga	Moor	1979	00:38:00
5,5	10007	Beate	Rolfes	1966	00:41:00
5,5	5003	Yvonne	Roshop	1985	00:42:00
5,5	5001	Tabea	Peters	2005	00:43:00
5,5	10021	Alena	Rau	1997	00:51:00
5,5	21057	Marianne	Altvater		01:02:00
10	21062	Hendrik	Landorff	2006	00:51:00
10	10005	Torsten	Goldstein	1974	01:02:00
10	21064	Claudia	Jacob	1969	01:02:00
10	21051	Patrick	Philipp	1986	01:03:00
10	10004	Oliver	Weber	1971	01:09:00
10	10003	Maaike	Luttik	1969	01:15:00
10	5005	Andrea	Lindemann	1988	01:25:00
10	10021	Beate	Rolfes	1966	01:25:00
10	15001	Marion	Kühnel	1964	01:31:00
10	15002	Rainer	Eversmann	1956	01:31:00
10	10006	Merita	Rolfes		01:46:00
10	10008	Monika	Bröer	1967	01:46:00
10	10006	Marita	Rolfes	1967	01:46:00
10	21058	Rainer	Altvater		01:29:00
10	21027	Svetlana	Tomm		02:10:00
15	21051	Patrick	Philipp	1986	01:32:00
15	21048	Sabine	Logemann	1978	02:07:00
18	21029	Christina	Machner	1986	03:00:03
20,8	21061	Dominik	Salewsky	1981	01:25:08
20,8	21045	Dominik	Dirkes	1989	01:25:10
20,8	21013	Franz	Steinkamp	1967	01:46:24
20,8	21023	Wilfried	Bobrink	1959	01:46:32
20,8	21018	Holger	Heinrich	1972	01:48:16
20,8	21047	Alfred	Noffz	1962	01:50:09
20,8	21034	Dennis	Gößling	1986	01:54:00
20,8	21043	Holger	Schichta	1972	01:54:02
20,8	21056	Andre	Brune-Suszka	1975	01:54:05
20,8	21067	Michael	Schmitz	1972	01:54:39
20,8	21049	Fabian	Huxoll	1991	01:56:56
20,8	21060	Bernd	Lüdemann	1955	01:59:26
20,8	21035	Ulf	Schierbaum		02:00:17
20,8	21053	Theo	Mönnich	1964	02:00:53
20,8	10022	Julia	Kubitz	1992	02:01:39
20,8	21063	Olaf	Reckersdrees	1965	02:03:07
20,8	21042	Uwe	Meyer	1957	02:05:05
20,8	21050	Christian	Quilitz	1974	02:05:08
20,8	21054	Ben	Ugorets	2012	02:05:10
20,8	21055	Stephanie	Ugorets	1982	02:05:33

Strecke (km)	Startnummer	Vorname	Name	Jahrgang	Zeit
20,8	21030	Annerose	Rotte	1991	02:06:51
20,8	21040	Kirsten	Lammerskitten	1976	02:06:53
20,8	15003	Kevin	Ueberschär	1983	02:07:58
20,8	21041	Michael	Lammerskitten	1978	02:08:25
20,8	21068	Kai	Schrameyer	1984	02:08:25
20,8	21069	Jenny	Wallmeier	1974	02:08:28
20,8	21012	Olaf	Dickmajer	1970	02:10:17
20,8	21044	Marco	Fischer	1977	02:12:27
20,8	21032	Ulrich	Schumacher	1965	02:14:06
20,8	21031	Heiko	Windhorst	1961	02:15:12
20,8	21039	Jan	Hirse Korn	1988	02:15:17
20,8	21015	Oliver	Lichte	1969	02:19:14
20,8	21010	Ralf	Peters		02:32:43
20,8	18001	Ines	Glässel	1980	02:37:09
20,8	18003	Martin	von der Wellen	1965	02:37:11
20,8	21065	Marina	Zillig	1978	02:37:12
20,8	21070	Andreas	Donner	1968	02:37:32
20,8	21001	Gudrun	Aßmann		02:56:04
20,8	21066	Ralf	Häusler	1962	02:56:05
20,8	21036	Michael	Kasper	1970	03:03:25
20,8	21026	Rainer	Strieck		03:13:27
20,8	21024	Olli	Wessendorf		03:13:56
20,8	10002	Manuela	Meyer		03:13:57
20,8	21020	Ralf	Leske	1951	03:16:13
20,8	21028	Astrid	Kwiatkowski	1969	03:16:13
20,8	21025	Heinz	Broer		03:23:18
20,8	21033	Hartmut	Wemhöner	1955	03:23:29
20,8	21046	Thomas	Brinkman	1958	03:23:30
20,8	21019	Wolfgang	Machner	1954	03:29:31
20,8	21052	Jürgen	Walenciak	1952	03:32:07
20,8	21009	Johanna	Leewe		03:37:18
20,8	21059	Christiane	Schlüter	1966	03:37:19
20,8	21008	Reinhild	Leewe		03:38:07
20,8	21037	Karin	Wielenberg		03:39:24
20,8	21038	Cecilia	Honkomp		03:39:24
20,8	21006	Manuela	Schäffer		03:43:47
20,8	21007	Andrea	Schäffer		03:43:47
20,8	21014	Agnes	Lübbbers	1953	03:45:28
20,8	21004	Simon	Bellersen		03:47:48
20,8	21005	Kai	Brand		03:47:48
20,8	21021	Uwe	Picksmeier	1957	03:48:12
20,8	21022	Thorsten	Storck	1961	03:48:13
20,8	21002	Peggy	Dubenhorst		03:54:12
20,8	21003	Ramona	Klein		03:54:12
20,8	21016	Nicole	Bollhorst-Förster	1985	04:00:22
20,8	21017	Dörte	Nackenhorst	1973	04:00:23